

ASSISTIVE TECHNOLOGY DOES NOT ALWAYS MEAN USE OF HIGH-TECH AND EXPENSIVE EQUIPMENT

Assistive Technology can take many forms and having this type of support can go a long way to increase long-term success to empower individuals to live as independently as possible and even help decrease the need for 24/7 supervision.

ASSISTIVE TECHNOLOGY CAN BE DEVELOPED FOR USE AT HOME, SCHOOL, OR IN THE COMMUNITY

With the support of a parent, caregiver, or support staff, other low-cost items can also be obtained at the local pharmacy, hardware store, or other retailer. For example:

- 🌱 Using painter's tape to help with wayfinding (e.g. to get to the elevator follow the blue line on the floor/at points along the wall)
- 🌱 Homemade grips (wrapping duct tape around a pencil or spoon handle)
- 🌱 Pick up and reach tool or "grabber"
- 🌱 Long handled shoe-horn
- 🌱 Book stand
- 🌱 Alarm clocks or Pomodoro Timers
- 🌱 Magnifiers
- 🌱 Large print materials
- 🌱 Memory aids such as a dry erase board or calendar/pocket calendar
- 🌱 Assisting in learning/mapping a bus route using printed materials, familiar landmarks and streets, and mobile applications

SOME ASSISTIVE TECHNOLOGY MAY REQUIRE ADDITIONAL FUNDING

- 🌱 Durable Medical Equipment such as commode or shower chairs, blood sugar meters, blood pressure monitor
- 🌱 Smart-Home devices such as Amazon Echo and "Alexa," Smart plugs connected to a wall socket, smart doorbell such as "Ring," "Wallflower or other high-voltage smart plug for stove, smart thermostat or talking thermostat
- 🌱 Communication device such as speech-to-text software, or text-to-speech output software such as "read and write" or other screen reading software, symbol-making software, note-taking systems
- 🌱 Audiobooks

ADDITIONAL RESOURCES

- ♻️ Trillium offers grants for independence called [Choose Independence](#). This resource offers opportunities to eligible individuals and families to purchase equipment, supplies, and services that strengthen independence. Learn more about Choose Independence by accessing the [Choose Independence brochure](#) or help an individual apply for support using the [Choose Independence Application](#).
- ♻️ Trillium Tailored Plan members also have access to a variety of [benefits and services](#) such as speech, hearing and language disorder services, occupational and physical therapy and more.
- ♻️ [Stay Connected](#) assists members to increase access to needed services through telehealth, connection to a member's care manager, or healthcare provider to schedule appointments and transportation. Individuals can apply on Trillium's website through the [Stay Connected Application](#).
- ♻️ The [NC Assistive Technology Program](#) provides assistive technology services to people of all ages and abilities. They offer funding resources, training opportunities, and other information.
- ♻️ [Access North Carolina](#) offers individuals seeking accessible destinations in NC a full range of information on the accessibility of state parks, beaches, historic sites, museums, and more.

Additional References: [Minnesota Guide to Assistive Technology](#)