



SPECIAL ANNOUNCEMENT A MESSAGE FOR RB-BHT PROVIDERS

Effective May 18, 2026, Tailored Plans received approval from the North Carolina Department of Health and Human Services (NCDHHS) to collect and verify certification, training and supervision information related to paraprofessionals and technicians who provide Research-Based Behavioral Health Treatment (RB-BHT).

What This Means for Providers

Trillium will conduct provider monitoring related to paraprofessionals' and/or technicians' qualification requirements on the date(s) services were rendered.

Providers may be asked to submit one or more of the following types of information:

- Competency and supervision documentation for the paraprofessional or technician who provided services.
- BACB certification (Behavior Analyst Certification Board) showing the certification was active on the date of service.
- ABAT certification (Applied Behavior Analysis Technician) through the Qualified Applied Behavior Analysis Credentialing Board (QABA), showing certification was active on the date of service.
- For services rendered during the 120-day grace period [per Session Law 2026-1, Section 3C.18.(a)]: documentation of the paraprofessional or technician's date of hire, supervision by a Licensed Qualified Autism Service Provider, and competencies as of the date services were provided.

Verification Resources

Trillium will verify certifications using the following tools:

- [QABA Registry](#)
- [BACB Verification](#)

This approval remains in effect until Trillium receives written notice from NCDHHS of an end date. Providers should ensure staff documentation is current and accessible. If providers are found out of compliance, they may be subject to sanctions and/or recoupment.

Next Steps

To begin this monitoring process, providers who provide RB-BHT are asked to [complete this form](#) and upload an excel spreadsheet that includes the requested information.

This deadline to submit the form and Excel spreadsheet is Monday August 31, 2026

DO NOT respond to this email. If you have questions or concerns regarding this communication, [enter it within the form](#).

