

September 9, 2025

# TRILLIUM HEALTH RESOURCES NORTHERN REGIONAL ADVISORY BOARD MEETING

The Trillium Health Resources Northern Regional Advisory Board met face to face and by Webex on Tuesday, September 9, 2025, at 4:00 p.m.

<u>Members Present</u>: Whitney P. Aydlett, Dr. Margaret Brake, Dr. Barbara Courtney, Dr. Kelvin Edwards, Charles Jordan, Vickey Manning, Sheron Mosby, Wanda Piland, Chenoa Richardson-Davis, Dr. Denauvo Robinson, Janet Rose, Brian Rountree, Anthony Shaffer and Emmie Taylor

<u>Members Absent</u>: Bertadean Baker, Sandra Layden, William F. Mitchell, Jr., Dr. Michael McLain, Sheron Mosby, Ronnie Smith, Willie Smith, III, Dr. Patricia Wright-Wesson and James Ward

<u>Staff Present</u>: Terrell Alston, Sean Kenny, Bobbie Lowe, Megan Nelligan, Grayanna Young and Jacqueline M. Waller, Clerk

Guest Present: None

#### I. CALL TO ORDER

Commissioner Jordan called the meeting of the Northern Regional Advisory Board to order at 4:02 p.m.

## II. OATH OF OFFICE VICKEY MANNING (MARTIN COUNTY) Jackie Waller administered the Oath of Office to Vickey Manning of Martin County

#### III. <u>APPROVAL OF JULY 8, 2025, MINUTES (BOARD ACTION REQUIRED)</u> Commissioner Jordan called for a motion to approve the July 8, 2025, Minutes. The motion was so moved by Commissioner Rountree, seconded by Emmie Taylor, and unanimously approved.

### IV. ADOPTION OF SEPTEMBER 9, 2025, AGENDA

Commissioner Jordan called for a motion to adopt the agenda. The motion was so moved by Commissioner Jordan, seconded by Commissioner Rountree, and unanimously approved.



#### V. PUBLIC COMMENTS

There were none.

#### VI. BOARD COMMENTS/CONCERNS

There were none.

#### VII. GOVERNING BOARD REPORT

Dr. Robinson reported on the following:

- The Governing Board met last month in Raleigh.
- Joy Futrell is back with us and we are proud to have her back.
- All is going well with Trillium. Bobbie Lowe will give more specific details in her report.

#### VIII. REGIONAL VICE PRESIDENT REPORT

Bobbie Lowe reported on the following:

- Trillium received accreditation as a health plan—NCQA accreditation. We were the first of the Tailored Plans to receive this status for NCQA.
- In Joy Futrell's CEO Report she shared that on August 12, the state released a memo and then they hosted a webinar the next day that talked about some impacts connected with House Bill 125 of the mini budget. As part of that, there is a substantial budget shortfall for Medicaid.
- DHHS has proposed several rate reductions that will take place on October 1.
   Some of the rate reductions include a three-percent rate reduction for all Medicaid providers across the board for all services. Our focus is going to be on the people we serve. We are going to work with the state, HHS, and the legislators to try to reduce any disruptions in care.
- The Children and Family Specialty Plan is to be launched December 2025. That is the plan that Blue Cross and Blue Shield will be managing care for youth and foster care and their families. Sean Kenny is going to come to our next meeting to talk about this.
- School system. When schools come back into session, we are now reaching out to do some school system prevention education around substance use.
- We recently had a reentry simulation in Warren County. There is one scheduled for January in Pasquotank County.
- There is a collaboration of different agencies working together in which Trillium will be a part of it that is scheduled for this Friday. We will be working with ECU out of Chowan County as well as Integrated Family Services. There will be some education provided. Our training team will be coming to speak. We are going to have a panel that includes faith-based representatives of the medical representative mobile crisis to share resources around youth suicide prevention.
- We will start being able to offer community resilience model training. This is a
  program around resiliency, recognizing how stress affects your nervous system
  and how it makes you feel.

- We also offer a program called Responder Strong for first responders that help them take care of themselves.
- Bobbie will send out a link to the videos on Sold Out Youth to the Board members.

#### IX. CFAC REPORT

Sheron Mosby was having technical difficulties, so Bobbie Lowe shared that Northern CFAC continues to recruit new members to join their committee.

#### X. TULA PRESENTATION

Megan Nelligan gave a PowerPoint presentation on Trillium Ultimate Living Assistant (TULA). She shared that TULA is a technology that is in all 46 counties. It is an enabling technology and remote support program that serves the individuals that we serve at Trillium to gain independence, autonomy, and the life where they choose to live. After explaining TULA, she gave a demonstration on how TULA works.

#### XI. ADJOURNMENT

With there being no other business, Commissioner Jordan called for a motion to adjourn the meeting. Emmie Taylor so moved, Commissioner Jordan seconded the motion, which was unanimously approved.

The meeting adjourned at 5:02 p.m.

Respectfully submitted,

Jacqueline M. Waller, Clerk

Com. Charles Jordan, Vice Chair