

News Release

FOR IMMEDIATE RELEASE

May 16, 2023

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The Healing Place of New Hanover County opens detox support services

Nonprofit serves nearly 200 men, women seeking recovery every day

WILMINGTON, N.C. (May 16, 2023) – On Monday, The Healing Place of New Hanover County (THPNC) announced the opening of its monitored detox service. THPNC’s detox service is a safe place for clients beginning their recovery journey. Upon arrival, individuals receive a warm bed, nutritious meals, fresh clothes, basic health care and around-the-clock support and monitoring as they detox from drugs or alcohol. For many, this low-barrier, open-access service is the first step into long-term recovery.

Located on Medical Center Drive, THPNC is the only long-term substance use residential program in southeastern North Carolina. Individuals can receive treatment at no cost to them, regardless of insurance. Trillium is working with providers across our 28-county region to send members to the facility. THPNC’s new peer-led recovery facility operates 200 beds (100 for men and 100 for women) and opened its doors for residential and shelter clients in February 2023.

"The opening of our detox service is exciting because it’s the last piece of the puzzle for our program. We have been providing folks the ability to begin the process of long-term recovery but having our detox center operational allows us to create individualized plans for those in our community in need of withdrawal

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support," said Brian Mingia, Executive Director, The Healing Place of New Hanover County. "Whether an individual is looking for short-term support for their substance use disorder or hopes to begin a long-term recovery program with us, we're now fully operational and available to help individuals and families in our region who have run out of options. The Healing Place of New Hanover County is where hope is found."

THPNC provides an overnight emergency shelter, withdrawal management, and a long-term, residential peer-run recovery program. National rates of recovery vary from 40-60 percentⁱ, but graduates from The Healing Place model maintain a recovery rate of 70 percent one yearⁱⁱ after completion – making it more effective than the national average at helping people recover. This unique model encourages accountability and involvement; residents want to be at THPNC and become active members of their community. In April, THPNC served more than 323 individuals through its residential recovery program and emergency shelter.

For more information about THPNC's services, please call Trillium (877-685-2415) or THPNC (910-970-4673) or visit THPNC.org for more information. You can also email THPNC's staff (info@thpnc.org) to learn more.

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About Trillium Health Resources

Trillium Health Resources is a leading specialty care manager (LME/MCO) for individuals with substance use, mental illness, and intellectual/developmental disabilities in 28 counties in eastern North Carolina. Trillium's mission is to transform the lives of people in need by providing them with ready access to quality care. We take a person-centered approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is investing in innovation to meet the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit www.TrilliumHealthResources.org.

About The Healing Place of New Hanover County

The Healing Place of New Hanover County is a long-term residential recovery program that seeks to transform individuals affected by addiction or homelessness through accountability and connection. The organization offers a safe space for individuals to learn, grow, and find a new way to

live, and its staff serve up to 200 men and women each day. For more information, visit THPNC.org.

ⁱ [Drugs, Brains, and Behavior: The Science of Addiction Treatment and Recovery](#)

ⁱⁱ [University of Kentucky Center on Drug and Alcohol Research](#)