

## Initial 10 Child/Adolescent Mental Health Disorders

Trillium will start with these 10 diagnoses for our child/adolescent clinical pathways. Listed are the links from where they were developed

- 1. Anxiety Disorders – Including generalized anxiety, social anxiety, and panic disorders.**
  - <https://pathways.chop.edu/clinical-pathway/anxiety-and-ocd-clinical-pathway>
- 2. Attention-Deficit/Hyperactivity Disorder (ADHD) – Characterized by inattention, hyperactivity, and impulsiveness. Clinical pathways for treatment**
  - <https://www.childrensmercy.org/siteassets/media-documents-for-depts-section/documents-for-health-care-providers/block-clinical-practice-guidelines/mobileview/attention-deficit-hyperactivity-disorder-synopsis.pdf>
- 3. Depressive Disorders – Encompassing major depressive disorder and persistent depressive disorder.**
  - <https://pathways.chop.edu/clinical-pathway/depression-clinical-pathway>
- 4. Disruptive Mood Dysregulation Disorder**
  - [https://www.nimh.nih.gov/health/publications/disruptive-mood-dysregulation-disorder#part\\_6573](https://www.nimh.nih.gov/health/publications/disruptive-mood-dysregulation-disorder#part_6573)
- 5. Oppositional Defiant Disorder (ODD) – Marked by a pattern of angry or irritable moods, argumentative behavior, and vindictiveness.**
  - <https://www.texaschildrens.org/content/conditions/oppositional-defiant-disorder>
- 6. Conduct Disorder – Involves behavior that violates societal norms and the rights of others.**
  - <https://www.chop.edu/conditions-diseases/conduct-disorder>
  - <https://www.tamuct.edu/research/databases/index1.html>
- 7. Bipolar Disorder – Characterized by mood swings ranging from depressive lows to manic highs.**
  - <https://pmc.ncbi.nlm.nih.gov/articles/PMC6345130/>
- 8. Post-Traumatic Stress Disorder (PTSD) – Develops after exposure to a traumatic event.**
  - [https://www.ptsd.va.gov/professional/treat/specific/ptsd\\_child\\_teens.asp](https://www.ptsd.va.gov/professional/treat/specific/ptsd_child_teens.asp)

9. Eating Disorders – Including anorexia nervosa, bulimia nervosa, and binge-eating disorder.
  - [https://www.connecticutchildrens.org/sites/default/files/2023-09/clinical\\_pathway - eating\\_disorder - 8.28.23.pdf](https://www.connecticutchildrens.org/sites/default/files/2023-09/clinical_pathway_-_eating_disorder_-_8.28.23.pdf)
  - [https://www.hopkinsmedicine.org/-/media/files/allchildrens/clinical-pathways/eating-disorders-clinical-pathway-3\\_13\\_2023.pdf](https://www.hopkinsmedicine.org/-/media/files/allchildrens/clinical-pathways/eating-disorders-clinical-pathway-3_13_2023.pdf)
10. Schizophrenia – A severe mental disorder affecting how a person thinks, feels, and behaves.
  - <https://pmc.ncbi.nlm.nih.gov/articles/PMC6345123/>