



Transforming Lives. Building Community Well-Being.

# Initial 10 Adult Mental Health Disorders in NC

Trillium will start with these 10 diagnoses for our adult clinical pathways. Listed are the links from where they were developed

## 1. ADHD (attention deficit hyperactivity disorder)

- <https://www.aafp.org/family-physician/patient-care/prevention-wellness/emotional-wellbeing/adhd-toolkit/treatment-and-management.html>
- [https://www.aafp.org/dam/AAFP/documents/patient\\_care/adhd\\_toolkit/adhd19-management-table1.pdf](https://www.aafp.org/dam/AAFP/documents/patient_care/adhd_toolkit/adhd19-management-table1.pdf)

## 2. Anxiety Disorders

- [https://www.specialistlink.ca/assets/pdf/CZ\\_Anxiety\\_pathway.pdf](https://www.specialistlink.ca/assets/pdf/CZ_Anxiety_pathway.pdf)

## 3. Bipolar Disorder

- <https://www.aafp.org/pubs/afp/issues/2021/0215/p227.html>

## 4. Borderline Personality Disorder

- <https://www.tamuct.edu/research/databases/disorders/borderline-personality-disorder.html>

## 5. Depression

- [https://www.healthquality.va.gov/guidelines/MH/mdd/VADODMDDCPG\\_ProviderSummary\\_Final\\_508\\_updated.pdf](https://www.healthquality.va.gov/guidelines/MH/mdd/VADODMDDCPG_ProviderSummary_Final_508_updated.pdf)

## 6. Eating Disorders

- <https://psychcentral.com/eating-disorders/therapy-for-eating-disorders?form=MG0AV3#therapy-options-for-eating-disorders>
- <https://www.nice.org.uk/guidance/ng69/chapter/Recommendations>

## 7. Obsessive-Compulsive Disorder

- <https://pmc.ncbi.nlm.nih.gov/articles/PMC5310107/>

## 8. Post-Traumatic Stress Disorder

- <https://www.healthquality.va.gov/guidelines/MH/ptsd/>

## 9. Schizoaffective Disorder

- <https://www.hopkinsmedicine.org/psychiatry/specialty-areas/schizophrenia/patient-information/early-psychosis?form=MG0AV3>
- <https://www.swmbh.org/wp-content/uploads/Schizophrenia-APA-Clinical-Practice-Guideline.pdf>

## 10. Schizophrenia

- <https://abhfl.org/wp-content/uploads/2024/06/CPG-Schizophrenia-Clinical-Practice-Guidelines.pdf?form=MG0AV3>
- <https://www.swmbh.org/wp-content/uploads/Schizophrenia-APA-Clinical-Practice-Guideline.pdf>