

Patient presents with symptoms consistent with BPD. Use validated screening tool for diagnostic clarification. Has other MH diagnosis been explored. Does member meet DSM5-TR criteria?

Patient meets criteria for BPD. Are other co-occurring MH diagnosis and/or SUD. Conduct safety profile. Is the patient at risk of self-harm or may require inpatient?

Patient doesn't meet criteria for BPD, is there another MH or PH diagnosis to consider and address.

Patient doesn't require ED or hospitalization.
Psychotherapy: DBT, Schema Focused therapy, Transference Focused therapy, Dialectical therapy, Mentalization-Based Treatment, Dynamic Deconstructive Psychotherapy, Cognitive therapy. Medication Management to tx co-occurring diagnosis if applicable. Ensure safety plan is in place. If an enhanced service is request, refer to CCP.

Patient requires to go to the ED and/or inpatient for further evaluation. Patient seen within 7 days after discharge from ED/hospital. (HEDIS)

Reference

- <https://www.tamuct.edu/research/databases/disorders/borderline-personality-disorder.html>