

## Adult Clinical Pathway for Post Traumatic Stress Disorder (PTSD)

Transforming Lives. Building Community Well-Being.

Patient presents with symptoms consistent with PTSD. Perform validated screening tool. Has other BH/PH dx been considered? Does pt meet criteria for PTSD per DSM5-TR? CCA or diagnostic evaluation. Has other BH/PH dx been considered?

Criteria met for PTSD Assess for safety.

Criteria not met DSM for PTSD, consider other adjustment disorder, MH, PH, treat accordingly.

Patient is not safety risk. Refer to Module C at the link.

https://www.healthquality.va.gov/guidelines/MH/ptsd/VA-DOD-CPG-PTSD-Quick-Reference-Guide.pdf

If enhance service is considered refer to CCP

Full CPG is at

https://www.healthquality.va.gov/guidelines/MH/ptsd/

Patient a safety risk, consider BHUC Mobile Crisis, FBC, ED, and/or inpatient (BH). Is patient seen within 7 days after D/C from ED or hospital (HEDIS). If pt is a Veteran, have they referred to the VA.

