

Adult Clinical Pathway for Obsessive Compulsive Disorder (OCD)

Transforming Lives. Building Community Well-Being.

Pt presents with OCD symptoms, conduct validated screening tool. Conduct CCA or diagnostic evaluation. Refer to link for further guidance https://pmc.ncbi.nlm.nih.gov/articles/PMC5310107/

If (+), does pt meet DSM5-TR criteria for OCD. Does pt have co-morbid BH or PH dx? Assess for safety

If (-) consider other BH/PH diagnosis, treat accordingly. Assess for safety.

No safety risks noted.

Refer to Figure 1 at

https://pmc.ncbi.nlm.nih.gov/articles/P MC5310107/

If no response from 2 adequate trials of SSRIs refer to Figure 2 at preceding link if applicable.

If enhance service is considered refer to CCP.

Safety risk identified, consider BHUC, FBC, Mobile Crisis, ED, and/or inpatient (BH). Is patient seen within 7 days after D/C from ED or hospital (HEDIS).

