



Opioid Misuse affects us all — but help is here.

Trillium Health Resources is committed to preventing and treating Opioid Use Disorder (OUD) through education, early intervention, and compassionate care.

Recognizing the Challenges:

- OUD can impact anyone—patients, families, youth, veterans, and seniors.

Prevention Strategies

- Awareness and early intervention through open conversations can save lives.

Treatment Support

- Offers education, resources, and support to assist with recovery.

Why It Matters:

Overdose Deaths:

- About 3,025 people died from drug overdoses in 2024 — that's 8 people every day.

Emergency Visits:

- Emergency Room visits for overdoses went up 39% from 2019 to 2023.

Youth Misuse:

- Around 23,000 kids (ages 12–17) in NC are using opioids in unsafe ways.

Prescription Drugs:

- In 2023, doctors gave out over 4 million opioid prescriptions in NC.

Misuse of Pain Pills:

- About 395,000 people in NC used prescription pain medicine the wrong way.

Trillium's Population Health Program Team Offers:

- **Assessment**
- **Evaluation** of physical health, behavioral health, and social determinants of health
- **Education** on available benefits and resources
- **Get help** with Care Management or Coordination

Source:

[NCDHHS.gov](https://www.ncdhhs.gov)

NCDHHS (2025). North Carolina overdose epidemic data. Division of Public Health, Injury and Violence Prevention Branch.



For More Information:

TrilliumHealthResources.org

Physical Health Prevention and Population Health Program



Online Resources or Call: Member and Recipient Services 1-877-685-2415

- Chess App. 24/7 Peer Support
- Non Emergency Medical Transportation
- Trillium Advantage Resources
- Housing Program