



Statin Therapy for Patients With Cardiovascular Disease (SPC)

SPC Measure Description¹

Assesses males 21–75 years of age and females 40–75 years of age who have clinical atherosclerotic cardiovascular disease (ASCVD) and who received and adhered to statin therapy.

Why is SPC Important?¹

Cardiovascular disease is the leading cause of death in the United States. It is estimated that 92.1 million American adults have one or more types of cardiovascular disease (Benjamin et al., 2017). People with diabetes also have elevated cardiovascular risk, thought to be due in part to elevations in unhealthy cholesterol levels. Having unhealthy cholesterol levels places people at significant risk for developing ASCVD.

Best Practices

- ✓ Educate members on the importance of statin medications and how it reduces cardiovascular risk for people with diabetes.
- ✓ Discuss any barriers members may have with getting prescriptions.
- ✓ Medication samples can skew measurements if given and there is a delay filling of the statin prescription, producing false non-adherence results.
- ✓ Use a risk calculator tool to educate and demonstrate risk for members.

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¹ Source: <https://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/measures-list/>

² Source: HEDIS MY 2025 Tech Specs Manual Vol. 2

Numerator Compliance²

Rate 1: Received Statin Therapy - The number of members who had at least one dispensing event for a high-intensity or moderate-intensity statin medication during the measurement year.

Rate 2: Statin Adherence 80% - The number of members who achieved a PDC (proportions of days covered) of at least 80% during the treatment period.

Refer to the next page for the list of meidcations.

Data Collection Method²

Administrative (Claims)



Trillium Percentages/NCQA National Averages¹

SPC	Measurement Year	Trillium	NCQA National Average
Rate 1: Received Statin Therapy	2023	73.02	79.28
	2022	72.5	78.7
Rate 2: Statin Adherence 80%	2023	53.08	70.72
	2022	60.5	69.9

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SPC Numerator Medications²

Description	Prescription	
High-intensity statin therapy	Amlodipine-atorvastatin 40-80 mg Atorvastatin 40-80 mg Ezetimibe-simvastatin 80 mg	Rosuvastatin 20-40 mg Simvastatin 80 mg
Moderate-intensity statin therapy	Amlodipine-atorvastatin 10-20 mg Atorvastatin 10-20 mg Ezetimibe-simvastatin 20-40 mg Fluvastatin 40-80 mg Lovastatin 40-60 mg	Pitavastatin 1-4 mg Pravastatin 40-80 mg Rosuvastatin 5-10 mg Simvastatin 20-40 mg

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