



## Prenatal and Postpartum Care (PPC)

### PPC Measure Description<sup>1</sup>

The percentage of deliveries of live births on or between October 8 of the year prior and October 7 of the measurement year. For these members, the measure assesses the following facets of prenatal and postpartum care:

- **Timeliness of Prenatal Care:** The percentage of deliveries in which women had a prenatal care visit in the first trimester, on or before the enrollment start date or within 42 days of enrollment in the organization.
- **Postpartum Care:** The percentage of deliveries in which women had a postpartum visit on or between 7 and 84 days after delivery.

### Why is PPC Important?<sup>1</sup>

Each year, about four million women in the U.S. give birth, with one million women having one or more complications during pregnancy, labor and delivery or the postpartum period. Studies indicate that as many as 60% of all pregnancy-related deaths could be prevented if women had better access to health care, received better quality of care and made changes in their health and lifestyle habits.

Timely and adequate prenatal and postpartum care can set the stage for the long-term health and well-being of new mothers and their infants.

### Best Practices

- ✓ Educate staff to schedule visits within the guideline time frames.
- ✓ Review the visit schedule with the patient.
- ✓ Educate members the importance prenatal care is to healthy development and maternal health screening.
- ✓ Include anticipatory guidance and teaching in every visit.

Numerator Compliance<sup>2</sup>

**Rate 1: Timeliness of Prenatal Care** - A prenatal visit during the required time frame. Any of the following, where the practitioner type is an OB/GYN or other prenatal care practitioner or PCP, meet criteria for a prenatal visit:

- A bundled service where the organization can identify the date when prenatal care was initiated.
- A visit for prenatal care.
- A prenatal visit with a pregnancy-related diagnosis code.

**Rate 2: Postpartum Care** - A postpartum visit on or between 7 and 84 days after delivery. Any of the following meet criteria:

- A postpartum visit.
- An encounter for postpartum care.
- Cervical cytology.
- A bundled service where the organization can identify the date when postpartum care was rendered.

Exclude services provided in an acute inpatient setting.

Data Collection Method<sup>2</sup>

Administrative (Claims)



Trillium Percentages/NCQA National Averages<sup>1</sup>

PPC	Measurement Year	Trillium	NCQA National Average
Rate 1: Timeliness of Prenatal Care	2023	37.00	83.14
	2022	43.4	83.0
Rate 2: Postpartum Care	2023	49.41	78.64
	2022	50.4	77.0

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<sup>1</sup> Source: <https://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/measures-list/>

<sup>2</sup> Source: HEDIS MY 2025 Tech Specs Manual Vol. 2