



Adults' Access to Preventive/Ambulatory Health Services (AAP)

AAP Measure Description¹

The percentage of members 20 years and older who had an ambulatory or preventive care visit during the measurement year.

Why is AAP Important?¹

This measure assesses whether adult health plan members had a preventive or ambulatory visit to their physician. Health care visits are an opportunity for individuals to receive preventive services and counseling on topics such as diet and exercise. These visits also can help them to address acute issues or manage chronic conditions.

Best Practices

- ✓ Ensure members are seen within specified timeframes for each line of business.
- ✓ Report all services provided and utilize appropriate billing codes.
- ✓ Educate patients on the importance of having at least one ambulatory or preventive care visit during each calendar year.
- ✓ Contact patients who have not had a preventive or ambulatory health visit.

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¹ Source: <https://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/measures-list/>

² Source: HEDIS MY 2025 Tech Specs Manual Vol. 2

Numerator Compliance²

One or more ambulatory or preventive care visits during the measurement year.

Data Collection Method²

Administrative (Claims)



Trillium Percentages/NCQA National Averages¹

AAP	Measurement Year	Trillium	NCQA National Average
Total	2023	-	74.16
	2022	-	72.7

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