



Transforming Lives. Building Community Well-Being.

## CENTRAL REGIONAL ADVISORY BOARD MEETING MINUTES

TUESDAY, MARCH 28<sup>TH</sup>, 2023 – 3:30 P.M.

The Trillium Health Resources Central Regional Advisory Board met in person and virtually on Tuesday, March 28<sup>th</sup>, 2023 at 3:32 p.m., at 1436 Highland Dr., Washington, NC 27889.

**Members Present:** Jerry Langley, Sherry Hunt, Mary Perkins-Williams, Earl Pugh, Pat Prescott, Luana Gibbs, Nina Griswell, JaNell Octigan, Sheila Smith

**Present via WebEx:** David Clegg, Ruthie Sheets, Wally Overman, Rob Ross, Amy Pridgen-Hamlett, Deborah Herring

**Members Absent:** Tracy Johnson, Jim Baluss, Miranda Keel, Dan Cone

**Staff Present:** Dave Peterson-Sr. Regional Director, Bobbie Lowe-Northern Regional Director, Tiffanie Herring-Community Liaison Coordinator and Jackie Waller, Clerk

**Guest:** None.

### I. **CALL TO ORDER**

Commissioner Langley called the meeting of the Trillium Central Regional Advisory Board to order at 3:32 p.m. on Tuesday, March 28<sup>th</sup>, 2023

### II. **APPROVAL OF JANUARY 24<sup>TH</sup> 2023 MINUTES**

Commissioner Langley called for a motion to approve the meeting minutes for January 24<sup>th</sup> 2023. A motion was made and seconded. The minutes were unanimously approved.

### III. **PUBLIC COMMENTS**

None

### IV. **OATH OF OFFICE**

Commissioner Mary Perkins-Williams from Pitt County and JaNell Octigan, the Beaufort County Health Director were sworn in as members of the Central Regional Advisory Board by Jackie Waller. Thereafter, Commissioner Langley asked everyone to introduce themselves to the two new members.

**V. ADOPTION OF AGENDA**

Commissioner Langley moved to adopt the agenda as written. The motion was made and seconded. The agenda was unanimously approved.

**VI. BOARD COMMENTS/CONCERNS**

None

**VII. CEO PRESENTATION**

Joy Futrell, Trillium CEO gave a presentation that addressed the following topics:

- The Tailored Plan and how that was delayed until October 1<sup>st</sup> 2023, but Trillium is ready to go live on April 1<sup>st</sup>. She discussed our partnership with Carolina Complete Health, who is helping us manage the physical health side. She discussed the difference between Medicaid Direct and Tailored Plan.
- She reviewed our Funding sources that included Medicaid, State and County Funds and how each one of those funding streams were managed, and the number of individuals that were covered by each of those funds. There was information about how our state funds have been cut over many years of almost \$500 million.
- Joy gave an overview of the Health Opportunities Pilot that is covering 14 of our counties. This will be focusing on the Social Determinants of Health (SDoH). These include food, housing, Transportation, Interpersonal Safety and Case Management.
- She discussed the soft launch of Care Management which did go live on December 1<sup>st</sup> 2022.
- In the State of the State information, Joy discussed Medicaid Expansion and the benefits of serving an additional 500,000 individuals. She discussed the Governors Budget including the \$1 Billion Plan and how that was going address various aspects of improving the mental health system. There was a question/discussion initiated by Commissioner Ross about how these funds should be spent. Then she discussed the Statewide Foster Care Plan and where that was in legislation. If it passes both House and Senate, then there would be one company that is managing the entire Foster Care system.
- Joy wrapped up the presentation with Community Events including on May 11<sup>th</sup>, there will be a Grand Opening of the Healing Place in Wilmington and board members will be invited. The Mobile Clinics are getting up and running, which helps the individuals receive services in the rural areas. We continue to open up Oxford House throughout our catchment areas. Then finally the opening of playground in some of our newer counties.

**VIII. CFAC REPORT**

Sheila Smith gave the CFAC Report:

- The Central Region CFAC met on March 13<sup>th</sup> which was abbreviated because there was a Joint CFAC meeting on March 18<sup>th</sup> 2023 with all 3 CFAC.

- On March 18<sup>th</sup>, 2023, Joy Futrell presented and spoke about Tailored Plan and Medicaid Direct. There were about 45 people in attendance. They discussed the updates and then went into detail on the Statewide Foster Care Plan.
- The Central CFAC is looking at trying to be at more Community Events and meetings and are reviewing what conferences would benefit them to attend.
- They are trying very hard to support Trillium in all aspects.
- An individual from Pitt County has joined Central CFAC that is representing the TBI population. Central CFAC continues to recruit in other counties.

#### **IX. GOVERNING BOARD REPORT**

- David Clegg gave the report and discussed the total budget of \$785 million and how the funds needed to be utilized in a unique way to address the challenges of Eastern NC. The Governing Board and Regional Boards should make sure that the state understands the impact of having a statewide Foster Care Plan.
- David discussed the Mobile Clinics reaching individuals in rural communities and indicated that help is available.
- He addressed the benefits of Medicaid Expansion that will allow us to look at Managed Care, the low employee turnover at Trillium, as well as the vacancies because we are waiting for the “Go live” of the Tailored Plan.
- In addition, David discussed the efforts around Value Added Services to focus on improving individual lives while focusing on Health Equity in Eastern NC. The emphasis is on Access to Care and how we can improve that.

#### **X. DIRECTOR’S REPORT**

Dave Peterson gave Director’s Report:

- There was a conversation/question asked about prevention services and Dave talked about ChildFirst which is a services for children 0-5 years old that have been through trauma. The other prevention service that is starting is called Sold Out Youth which is being introduced to our schools and it is focusing on the dangers of Fentanyl. We are also looking at working with The Poe Center that can educate middle school parents about warning signs. We also did many years ago a program called Rachel’s Challenge and that was addressing primarily bullying in the schools.
- We discussed the Statewide Foster Care Plan and the support of keeping it local varies from county to county. We will continue to keep a close eye on how this develops
- We discussed the agencies that received Opioid Settlement Funds from Trillium.

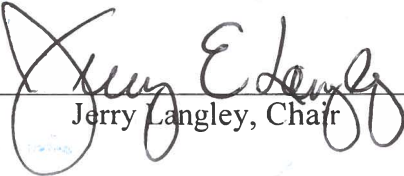
- We discussed the i2i Spring Policy Forum that is being held June 12-14<sup>th</sup> in Raleigh and we are encouraging board members to attend.

**XI. ADJOURNMENT**

With there being no other business, Commissioner Langley adjourned the meeting at 4:59 p.m. Mary Perkins-Williams so moved to adjourn the meeting and Commissioner Pugh seconded the motion which was unanimously approved.

Respectfully submitted,

  
Dave Peterson, Sr. Regional Director

  
Jerry Langley, Chair