

Transforming Lives. Building Community Well-Being.

# 2024-2025 Medicaid Substance Use Specific Services Benefit Plan

Service Code(s):	Services Included:
H0014 HF	Ambulatory Withdrawal Management WITH Extended On-Site Monitoring
H0014	Ambulatory Withdrawal Management WITHOUT Extended On-Site Monitoring
H0020	Opioid Treatment Program Services
H2035	Substance Abuse Comprehensive Outpatient Treatment Program
H0015	Substance Abuse Intensive Outpatient Program
H0013	Substance Abuse Medically Monitored Community Residential Treatment

Codes / modifier combinations not mentioned for specialized services will be found within contracts.

For Medicaid services, Child services are available through age 21. Adult services are available from age 21 and older.

When state Medicaid coverage provisions conflict with the coverage provisions in a Trillium policy, state Medicaid coverage provisions take precedence.





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#### **Person-Centered Plan Requirements & Guidance**

Providers can use the PCP template or develop their own template, but the PCP <u>must</u> contain all the required elements: 1) Assessment of life domains; 2) Person-Centered Interview Questions; 3) An action plan; 4) An enhanced crisis intervention plan, and; 5) A signature page. The PCP should be based on a comprehensive assessment that examines the individual's symptoms, behaviors, needs and preferences across the life domains listed below. Additional info can be found on the <u>NCDHHS Person-Centered Planning Training</u> webpage (PCP Guide). See the <u>JCB #445 Timelines for Implementation</u> for the implementation requirements for the new PCP guidance and templates.

### <u>Life Domains</u> (PCP Guide)

Each life domain should provide a written picture of what is currently happening, what the individual's vision for a preferred life is for that area, and what the provider is doing to support the individual to move closer to living their preferred life.

- Daily Life and Employment Domain: What a person does as part of everyday life.
- Community Living Domain: Where and how someone lives.
- Safety and Security Domain: Staying safe and secure (finances, emergencies, relationships, neighborhood, legal rights, etc.).
- Healthy Living Domain: Managing and accessing health care and staying well.
- Social and Spirituality Domain: Building/strengthening friendships and relationships, cultural beliefs, and faith community.
- *Citizenship and Advocacy Domain*: Building valued roles, understanding personal rights, making choices, sexual orientation, self-identification, setting goals, assuming responsibility and driving how one's own life is lived.

#### Person-Centered Interview Questions (PCP Guide)

These identify what the person wants to work on, what they would like to accomplish, their identified strengths, and any identified obstacles preventing them from reaching their goals.

### Action Plan (PCP Guide)

Revised: 10-01-2024

The Action Plan section of the PCP includes the individual's long-term goal, short-term goals, and interventions or the action steps to be taken to achieve these goals. For each desired long-term goal, the Action Plan will include short-term goal(s) as well as interventions.

- Long-Term Goal Development: what motivates the person to engage in services and make changes. These are personal to that individual, often reflect one or more Life Domains, and typically take time to achieve. Ideally, long-term goals are oriented toward quality-of-life priorities and not only the management of health conditions and symptoms.
- Short-Term Goals: help the person move closer to achieving their long-term goals. They reflect concrete changes in functioning/skills/activities that are meaningful to the person and are proof they are making progress. Short-term goals build on strengths while also addressing identified needs from the assessment that interfere with the attainment of the valued, long-term life goal(s). Short-term goals are written in SMART (Specific/Straightforward/Simple, Measurable, Achievable, Relevant, and Time-Limited) language.
- Interventions: reflect how all team members contribute to helping the person achieve their short-term goals. Interventions are the specific tasks the provider and individual agree on. The language of interventions should include: WHO is offering the intervention/support, WHAT specifically will be provided or done (e.g., title of service or action), WHEN it is being offered frequency and duration (e.g., once a month for 3 months), and WHY it is needed (i.e., how the intervention relates to the individual's specific goal).



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### Enhanced Crisis Intervention Plan (PCP Guide)

A crisis plan includes supports/interventions aimed at preventing a crisis and the supports/interventions to employ if there is a crisis. It must include:

- Significant event(s) that may create increased stress and trigger the onset of a crisis.
- Early warning signs which indicate a possible upcoming crisis.
- Crisis prevention and early intervention strategies
- Strategies for crisis response and stabilization
- Specific recommendations for interacting with the person receiving a crisis service.
- Diagnosis and insurance information,
- Name and contact information for medical and mental health provider
- List of medications including doses and frequency, allergies, and other medical and dental concerns.
- Living situation and planning for any pets and people, etc. in case of a crisis if applicable.
- Employment/ Educational status and plan for notification if applicable
- Preferred method of communication and language.
- Names and contact information of formal and informal support persons
- Suicide prevention and intervention plan, behavior plan, youth in transition plan and Psychiatric Advance Directive (PAD), if applicable.
- Crisis follow-up planning to include: 1) The primary contact who will coordinate care if the individual requires inpatient or other specialized care; 2) Name of the person who will visit the individual while hospitalized, and; 3) Provider responsible to lead a review/debriefing following a crisis and the timeframe.

### Signature Page (PCP Guide)

Revised: 10-01-2024

Signatures are authenticated when the individual signing enters the date next to their signature. Check boxes left blank on the signature pages of the PCP will be returned as incomplete. A signature page must include:

- Person Receiving Services Dated signature is required when the person is his/her own legally responsible person. A provider may not bill
  Medicaid for services until this signature is acquired if the individual is his or her own legally responsible person.
- Legally Responsible Person Dated signature when the person receiving services is not his/her own LRP. A provider may not bill Medicaid for services until this signature is acquired, when applicable.
- Person Responsible for the Plan Dated signature is required. Inclusion of the required information on the signature page of the PCP template
  by the Person Responsible for the Plan is also required for individuals under the age of 21 (Medicaid) or under age 18 (State) who are receiving
  enhanced services and are actively involved with the Department of Juvenile Justice and Delinquency Prevention or the Criminal Court System.
- Service Order/Confirmation of Medical Necessity Dated signature is required, plus confirmation of medical necessity, indication of whether
  review of the comprehensive clinical assessment occurred, and indication if the LP signing the service order had direct contact with the
  individual.



### 2024-2025 Medicaid Substance Use Specific Services Benefit Plan

### **Guidance Around Signature Requirements**

- All required signatures with dates must be completed.
- Signatures for child mental health services must be completed in the correct location on the form.
- Handwritten signatures require handwritten dates.
- Electronic signatures must have a date stamp, but a time stamp not required. Documents that contain an electronic signature may be in Word or PDF form.

Service & Code	Brief Service Description	Auth Submission Requirements	Authorization Parameters	Source
	This service is an	Pass-Through Period:	Units: 1 unit = 15 minutes	Clinical Coverage
Ambulatory	organized outpatient	Prior authorization is not required for the first 3		Policy No 8A-8:
Withdrawal	service that provides	days of service.	Age Group: Adolescents & Adults (Aged	<u>Ambulatory</u>
Management	medically supervised		18 and older)	<u>Withdrawal</u>
(WM) WITH	evaluation, withdrawal	Initial Requests:		<u>Management</u>
Extended On-	management, and referral	1. TAR: Prior approval required w/in the first 3	Level of Care: ASAM Level 2-WM. The	(WM) with
Site	in a licensed facility. This	calendar days of service	ASAM Score must be supported with	Extended On-Site
Monitoring	service is for a beneficiary	2. Initial abbreviated assessment and physical	detailed clinical documentation on each of	<u>Monitoring</u>
	who is assessed to be at	exam conducted by the physician or physician	the six ASAM dimensions.	
Code(s):	moderate risk of severe	extender OR CCA: completed within three calendar		APSM 45-2
H0014 HF	withdrawal, free of severe	days of the admission	Population Served: Primary Substance	Records
	physical and psychiatric	3. Service Plan: Required	Use Diagnosis only	Management and
	complications and would	<b>4.</b> Service Order: Required, signed by a physician,		<b>Documentation</b>
	safely respond to several	PA, or NP.	Service Specifics, Limitations, &	<u>Manuals</u>
	hours of monitoring,	5. Discharge Planning: Step-down discharge	Exclusions (not all inclusive):	
	medication, and treatment.	ASAM LOC must be determined as part of the	1. Provider shall verify each Medicaid	PCP Guidance
	These services are	CCA	beneficiary's eligibility each time a service	Documents &
	designed to treat the	<b>6.</b> Submission of applicable records that support	is rendered	Templates
	beneficiary's level of clinical	the member has met the medical necessity criteria.	2. Facility must operate a minimum of 8	
	severity and to achieve		hours per day, all 5 weekdays (Monday	
	safe and comfortable	Reauthorization Requests:	through Friday), and a minimum of 4 hours	
	withdrawal from alcohol	1. TAR: Prior approval required	daily on the weekend (Saturday and	
	and other substances to	2. Clinical Institute Withdrawal Assessment of	Sunday). The hours of operation must be	
	effectively facilitate the	Alcohol Scale, Revised (CIWA-Ar) score(s):	extended based on beneficiary need. This	
	beneficiary's transition into	Required	service must be available for admission	
	ongoing treatment and	3. CCA: Required if not previously submitted,	seven days per week.	
	recovery.	completed within three calendar days of the	3. Services may not be provided on the	
		admission	same day as Substance Use Disorder	
		4. Updated Service Plan: recently reviewed	Withdrawal Management or Residential	
		detailing the members' progress with the service. <b>5.</b> Discharge Planning: Step-down discharge	Services, except on day of admission or	
		ASAM LOC must be determined as part of the	discharge. <b>4.</b> Clinical and administrative supervision is	
		CCA	covered as an indirect cost and part of the	
		6. Submission of applicable records that support	rate	
		the member has met the medical necessity criteria.	late	
		the member has met the medical necessity chiena.		

Service & Code	<b>Brief Service Description</b>	Auth Submission Requirements	Authorization Parameters	Source
Ambulatory Withdrawal Management (WM) WITHOUT Extended On- Site Monitoring  Code(s): H0014	This service is an organized outpatient service that provides medically supervised evaluation, withdrawal management, and referral in a licensed facility. Services are provided in regularly scheduled sessions to be delivered under a defined set of policies and procedures or medical protocols. This is a service for a beneficiary who is assessed to be at minimal risk of severe withdrawal, free of severe physical and psychiatric complications, and can be safely managed at this level.	Pass-Through Period: Prior authorization is not required for the first 3 days of service.  Initial Requests: 1. TAR: Prior approval required w/in the first 3 calendar days of service 2. Initial abbreviated assessment and physical exam conducted by the physician or physician extender OR CCA: completed within three calendar days of the admission 3. Service Plan: Required 4. Service Order: Required, signed by a physician, PA, or NP. 5. Discharge Planning: Step-down discharge ASAM LOC must be determined as part of the CCA 6. Submission of applicable records that support the member has met the medical necessity criteria.  Reauthorization Requests: 1. TAR: Prior approval required 2. CCA: Required if not previously submitted, completed within three calendar days of the admission 3. Updated Service Plan: recently reviewed detailing the member's progress with the service. 4. Discharge Planning: Step-down discharge ASAM LOC must be determined as part of the CCA 5. Submission of applicable records that support the member has met the	Units: 1 unit = 15 minutes  Age Group: Adolescents & Adults (Aged 18 and older)  Level of Care: ASAM Level 1-WM. The ASAM Score must be supported with detailed clinical documentation on each of the six ASAM dimensions.  Population Served: Primary Substance Use Diagnosis only  Service Specifics, Limitations, & Exclusions (not all inclusive):  1. Provider shall verify each Medicaid beneficiary's eligibility each time a service is rendered 2. Facility must operate a minimum of 8 hours per day, all 5 weekdays (Monday through Friday), and a minimum of 4 hours daily on the weekend (Saturday and Sunday). The hours of operation must be extended based on beneficiary need. This service must be available for admission seven days per week. 3. Services may not be provided on the same day as Substance Use Disorder Withdrawal Management or Residential Services, except on day of admission or discharge. 4. Clinical and administrative supervision is covered as an indirect cost and part of the rate	Clinical Coverage Policy No 8A-7: Ambulatory Withdrawal Management (WM) without Extended On-Site Monitoring  APSM 45-2 Records Management and Documentation Manuals  PCP Guidance Documents & Templates
		medical necessity criteria.		

Service & Code	Brief Service Description	Auth Submission Requirements	Authorization Parameters	Source
	This is an organized,	Pass-Through	Units:	<u>Clinical</u>
Opioid Treatment Program	outpatient treatment	Period:	One unit = 1 week. Providers may provide and bill for more	Coverage Policy
Services	service for those with	Prior authorization is	than 1 week of take-home doses to meet the member's	8A-9: Opioid
	an opioid use disorder.	not required for this	need. At least one service must be provided to the member	<u>Treatment</u>
Code(s): H0020	The OTP service	service.	within the weekly service payment unit to bill the bundled	Program Service
	utilizes methadone,		rate.	
Bundled Activities:	buprenorphine	Maintained in the		<u>APSM 45-2</u>
Activities in the bundled rate for	formulations,	Record (not all	Age Group: Adults (Age 18 and older)	<u>Records</u>
this service are: a) managing	naltrexone or other	inclusive):		<u>Management</u>
medical plan of care and medical	drugs approved by the	1. CCA or DA:	Level of Care: Opioid Treatment Services (OTS) ASAM	<u>and</u>
monitoring; b) individualized	FDA for the treatment	Required	Criteria Level of Care. The ASAM Score must be supported	<u>Documentation</u>
recovery focused person-centered	of opioid use	2. Service Order:	with detailed clinical documentation on each of the six	<u>Manuals</u>
plan; c) a minimum of 2 required	disorders. This service	completed by a	ASAM dimensions.	
counseling or therapy sessions per	is delivered by an	physician, PA, or NP		PCP Guidance
beneficiary per month during the	interdisciplinary team	3. Complete/	<b>Population Served</b> : Primary Substance Use Diagnosis	Documents &
first year of opioid treatment	of professionals	Updated PCP: to	only	<u>Templates</u>
services and one required	trained in the	include relevant		
counseling session per beneficiary	treatment of opioid	diagnostic	Service Specifics, Limitations & Exclusions (not all	
per month thereafter; d) nursing	use disorder. The	information. The	inclusive):	
services related to administering	team provides person-	provider must	1. In addition to the bundled rate activities, providers can	
medication, preparation,	centered, recovery-	collaborate w/	bill separately for: a) evaluation and management billing	
monitoring, and distribution of	oriented treatment,	individual's existing	codes; b) diagnostic assessments or comprehensive	
take-home medications; e) cost of	case management,	provider to develop	clinical assessments; c) laboratory testing (excluding	
the medication; f) presumptive	and health education.	an integrated PCP.	pregnancy test, TB test, and drug toxicology); d) individual,	
drug screens and definitive drug	A range of cognitive,		group, and family counseling (provided beyond the	
tests; g) pregnancy tests; h) TB	behavioral, and		minimum 2 counseling of therapy sessions per month	
tests; i) psychoeducation	substance use		during the first year or 1 counseling or therapy session per	
consisting of HIV and AIDS	disorder focused		month thereafter) (licensed professionals only); and e) Peer	
education and other health	therapies are provided		Support Services. The program physician can bill E/M	
education services; and j) service	to address substance		codes separately for the admission evaluation and physical	
coordination activities consisting of	use that could		exam.	
coordination with care	compromise recovery.		2. MCD will not cover any services in the OTP Service per	
management entity and			diem as separate billable services or interventions not	
coordination of on and off-site			identified in the member's PCP. Provider must verify each	
treatment and supports.			MCD member's eligibility each time a service is rendered	

Service & Code	Brief Service Description	Auth Submission Requirements	Authorization Parameters	Source
Substance Abuse Comprehensive Outpatient Treatment (SACOT) Program  Code(s): H2035	A periodic service that is a time-limited, multifaceted approach treatment service for adults who require structure and support to achieve and sustain recovery. These services are provided during day and evening hours to enable members to maintain residence in their community, continue to work or go to school, and to be a part of their family life. SACOT includes case management to arrange, link or integrate multiple services as well as assessment and reassessment of the member's need for services. The expected outcome is abstinence.	Pass-Through Period: The initial 60 calendar days of tx do not require prior authorization. Unmanaged treatment period is available only once per FY.  Initial Requests (after pass-through): 1. TAR: prior authorization required once the unmanaged treatment period has lapsed. Providers may seek prior approval if they are unsure the member has utilized the pass-through period. To ensure timely prior authorization, requests must be submitted prior to the last unauthorized visit. 2. CCA: Required 3. PCP: Both the Initial PCP and the PCP Update completed during the pass-through period are required, to include the amount, duration, and frequency of the service. Must include an enhanced crisis intervention plan. 4. Service Order: Required, signed by a physician, licensed psychologist, PA, or NP. 5. Submission of applicable records that support the member has met the medical necessity criteria.  Reauthorization Requests: 1. TAR: Prior authorization is required. 2. Complete PCP: recently reviewed detailing the member's progress with the service. The amount, duration, and frequency of the service must be included. The Crisis Plan must be updated. 3. Submission of applicable records that	Length of Stay: Authorizations shall not exceed 60 days. Note: Contract variations may allow for additional days per auth.  Units: One unit = 1 hour (member must attend at least 4 hours a day for this service to be billed).  Age Group: Children/ Adolescents & Adults  Level of Care: ASAM Level 2.5 Partial Hospitalization Services. The ASAM Score must be supported with detailed clinical documentation on each of the six ASAM dimensions.  Population Served: Primary Substance Use Diagnosis only  Service Specifics, Limitations & Exclusions (not all inclusive): 1. The program conducts random drug screening and uses the results of these tests as part of a comprehensive assessment of participants' progress toward goals and for PCP. 2. SACOT cannot be provided during the same auth period as: SAIOP, all levels of detox services, Non-Medical Community Residential Treatment, Medically or, Monitored Community Residential Treatment.	Clinical Coverage Policy No 8A: Enhanced Mental Health and Substance Abuse Services  APSM 45-2 Records Management and Documentation Manuals  PCP Guidance Documents & Templates
		<b>3.</b> Submission of applicable records that support the member has met the medical necessity criteria.		

Service &	Brief Service	Auth Submission	Authorization Dozemators	Carrea
Code	Description	Requirements	Authorization Parameters	Source
	Includes structured	Pass-Through Period:	Length of Stay:	Clinical Coverage
Substance	individual and group	The initial 30 calendar days of tx do not require prior	1. Initial (after pass-through) and	Policy No 8A:
Abuse	addiction activities and	authorization. Unmanaged treatment period is	Reauthorization requests shall not exceed 60	<b>Enhanced Mental</b>
Intensive	services that are provided	available only once per FY.	calendar days.	Health and
Outpatient	at an outpatient program			Substance Abuse
Program	designed to assist adult	Initial Requests (after pass-through):	<u>Units:</u> One unit = 1 event per day (a	<u>Services</u>
(SAIOP)	and adolescent	1. TAR: prior authorization required once the	minimum of three hours per day is an event)	
	beneficiaries to begin	unmanaged treatment period has lapsed. Providers		APSM 45-2
Code(s):	recovery and learn skills	may seek prior approval if they are unsure the	Age Group: Children/ Adolescents & Adults	<u>Records</u>
H0015	for recovery	member has utilized the pass-through period. To		Management and
	maintenance. The	ensure timely prior authorization, requests must be	Level of Care: ASAM Level 2.1 Intensive	<u>Documentation</u>
	program is offered at	submitted prior to the last unauthorized visit.	Outpatient Services. The ASAM Score must	<u>Manuals</u>
	least 3 hours a day, at	2. CCA: Required	be supported with detailed clinical	
	least 3 days a week, with	3. PCP: Both the Initial PCP and the PCP Update	documentation on each of the six ASAM	PCP Guidance
	no more than 2	completed during the pass-through period are	dimensions.	Documents &
	consecutive days	required, to include the amount, duration, and		<u>Templates</u>
	between offered services	frequency of the service. Must include an enhanced	<b>Population Served</b> : Primary Substance Use	-
	and distinguishes	crisis intervention plan.	Diagnosis only	
	between those members	<b>4.</b> Service Order: Required, signed by a physician,		
	needing no more than 19	licensed psychologist, PA, or NP.	Service Specifics, Limitations &	
	hours of structured	<b>5.</b> Submission of applicable records that support the	Exclusions (not all inclusive):	
	services per week (ASAM	member has met the medical necessity criteria.	SAIOP cannot be provided during the same	
	Level 2.1). The expected		auth period as: SACOT, all levels of detox	
	outcome of SAIOP is	Reauthorization Requests:	services, Non-Medical Community	
	abstinence.	1. TAR: Prior approval required once the unmanaged	Residential Treatment, Medically or,	
		units have been exhausted.	Monitored Community Residential	
		2. Complete PCP: recently reviewed detailing the	Treatment.	
		member's progress with the service. The amount,		
		duration, and frequency of the service must be		
		included. The Crisis Plan must be updated.		
		3. Submission of applicable records that support the		
		member has met the medical necessity criteria.		

Service & Code	Brief Service	Auth Submission	Authorization Parameters	Source
	Description	Requirements	Langth of Ctory	Clinical Coverage
Substance Abuse	A non-hospital	Initial Requests:	Length of Stay:	Clinical Coverage Policy 8A:
	rehabilitation facility	1. TAR: Prior approval required.	1. Up to 10 days per authorization.	
Medically	for adults, with 24-	2. Regional Referral Form:	2. This is a short-term service that cannot exceed more	Enhanced Mental
Monitored	hour-a-day medical or	Required	than 45 days in a 12-month period.	Health and
Community	nursing monitoring,	3. Submission of applicable		Substance Abuse
Residential	where a planned	records that support the member	<u>Units:</u> One unit = 1 day	Services,
Treatment	program of	has met the medical necessity		<u>Psychosocial</u>
(MMCRT)	professionally directed	criteria.	Age Group: Children/ Adolescents & Adults	<u>Rehabilitation</u>
	evaluation, care and			<u>section</u>
Code(s): H0013	treatment for the	Reauthorization Requests:	Level of Care: ASAM Level 3.7 Medically Monitored	
	restoration of	1. TAR: prior approval required	Intensive Inpatient Services. The ASAM Score must be	APSM 45-2
	functioning for	2. CCA: Required	supported with detailed clinical documentation on each of	Records
	members with alcohol	3. Complete PCP: recently	the six ASAM dimensions.	Management and
	and other drug	reviewed detailing the member's		Documentation
	problems or addiction	progress with the service.	Population Served: Primary Substance Use Diagnosis	Manuals
	occurs. The expected	<b>4.</b> Service Order: Required, signed	only	
	outcome is	by a physician, licensed		PCP Guidance
	abstinence.	psychologist, PA, or NP.	Service Specifics, Limitations & Exclusions (not all	Documents &
		<b>5.</b> Submission of applicable	inclusive):	Templates
		records that support the member	1. Upon completion of the service there will be successful	<u>remplates</u>
		has met the medical necessity	linkage to the community of the members' choice for	
		criteria.	ongoing step down or support services.	
		Gilleria.	2. MMCRT cannot be billed the same day as any other	
			mental health or substance abuse service except CST or	
			ACT.	