

Transforming Lives. Building Community Well-Being.

# TRILLIUM HEALTH RESOURCES **GOVERNING BOARD MEETING MINUTES**

Meeting Date: March 13, 2025

Board Members Present: (Noted present with an "X" mark)

A.P. C. SSA	a members i resenti (moteta present with an	2k mark)
$\boxtimes R$	andy Abbott-Guilford County	Tony Hunt-Hoke County
⊠ Eı	nglish Albertson-Wayne County	Priscilla Little-Reid-Anson County
$\boxtimes$ M	Tarie Britt-Robeson County	Sheron Mosby-Pasquotank County
$\boxtimes$ H	olly Connor-Onslow County	☐ Janice Nichols-Pender County
$\boxtimes$ L.	S. Bo Dean, JrNew Hanover County-virtual	Michelle Osborne-Harnett County
$\square$ W	alter Ferguson-Lee County	Wally Overman-Dare County
⊠ Le	eann Henkel-Randolph County	Wilson Raynor-Wayne County-virtual
⊠ Fl	or Herrera-Picasso-Wilson County-virtual	Denauvo Robinson-Pasquotank County
\overline{\overline{\text{La}}} La	aticia Hill-Godette-Pitt County-virtual	☐ Lorrine Washington-Greene County
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Staff: Joy Futrell, Terrell Alston, Kellie Baker, Cindy Ehlers, Senitria Goodman, Victoria Jackson, Lisa A. Jarman, Mike Lewis, Bobbie Lowe, Melissa Owens, Cecelia Peers, Dave Peterson, Michael Smith, Anthony Ward.		
Guests: Kelly Crosbie, Director, Division of Mental Health, Developmental Disabilities, and Substance Use Services (DMHDDSUS),		
Agenda:		
I.	Call to Order	
II.	Roll Call	
III.	Adoption of the Agenda	
IV.	Consent Agenda	
	a. Draft Governing Board Minutes-January	30, 2025
V.	Public Comments	
VI.	Board Comments/Concerns	
VII.	Trillium Staff Presentation on Kratom	
	I. BoardEffect Presentation	
IX.	CEO's Report	
<b>X.</b>	Chair's Report	
XI.	Convene Finance Committee Meeting	
XII.	Closed Session pursuant to N.C.G.S. 143-318	3.00(a)(3) and N.C.G.S. 143-318(a)(1) per
	N.C.G.S. 131E-97.3	*
XIII.	Adjournment	



### I. Call to Order

The Trillium Health Resources Governing Board meeting was held in person at the StateView Hotel in Raleigh, NC and via Webex on March 13, 2025.

Ms. Joy Futrell introduced Ms. Kelly Crosbie, Director, Division of Mental Health, Developmental Disabilities, and Substance Use Services. Ms. Crosbie delivered a presentation on North Carolina's Public Mental Health, Substance Use, Intellectual/Developmental Disability, and Traumatic Brain Injury System.

Trillium Governing Board Chairman, Denauvo Robinson thanked Ms. Crosbie for her presentation and welcomed everyone. He called the meeting to order at 4:03pm

### II. Roll Call

Governing Board Clerk, Ms. Lisa A. Jarman performed the roll call and stated that there was a quorum.

# III. Adoption of the Agenda

Mr. Denauvo Robinson entertained a motion to approve the agenda.

Motion was made by Mrs. Lorrine Washington to approve the March 13, 2025, Agenda. Ms. Priscilla Little Reid made a second. The motion carried.

## IV. Consent Agenda

a. Draft Governing Board Minutes-March 13, 2025

Mr. Denauvo Robinson requested a motion to approve the consent agenda.

Motion was made by Mrs. Lorrine Washington to approve the March 13, 2025, Agenda. Ms. Janice Nichols made a second. The motion carried.

#### V. Public Comments

Mr. Wes Ryder shared his concern over lack of recovery oriented support and services in the community of Onslow County for people that have been diagnosed with mental health issues. Mr. Ryder also expressed his concern that Trillium's website does not prominently display information supporting recovery services.

#### VI. Board Comments/Concerns

Mrs. Lorrine Washington shared that the Eighth Annual NC State CFAC Legislative Day was held on March 11, 2025, in Raleigh at the North Carolina General Assembly. The event was well attended by members, stakeholders, and legislators.

Ms. Marie Britt led the discussion regarding the board member's responsibility for responding to the concerns raised during public comments. Staff will respond to public comment concerns. Mr. Randy Abbot requested that the response or resolutions to public comments be shared with the Governing Board.

Mr. Bo Dean led the discussion on how CFAC, Provider Council, and the Health Equity committees report to the Governing Board. After discussion, it was decided that each of

the Regional Advisory Boards (RAB), the Provider Council, and the Health Equity Committee submit their approved minutes to the Governing Board clerk to be included as a consent agenda item. The approved minutes will be included in the board book. The CFAC committees will not be asked to submit minutes as their report is included in the RAB minutes.

Motion was made by Mrs. Lorrine Washington that all Regional Advisory Boards, Provider Council, and the Health Equity committees provide approved minutes for inclusion in the Governing Board materials and as a consent agenda item. Mr. Tony Hunt made a second. The motion carried.

# VII. Trillium Staff Presentation on Kratom

Mr. Jason Swartz, Trillium's Senior Pharmacy Director, delivered a presentation on Kratom, which is an unregulated substance easily found in local stores and in over the counter products. Board members discussed the benefit of Kratom in certain situations and the concern of the unadulterated version that can be easily purchased.

After discussion, it was decided that a Resolution would be drafted by Trillium's legal counsel to be sent to North Carolina State Legislators regarding the regulation of the misuse of Kratom and that the use of Kratom be age appropriate. The board asked that this be presented during the April 24<sup>th</sup> Governing Board meeting.

Motion was made by Mr. Wally Overman to submit a Resolution to the North Carolina State Legislators regulating the misuse of Kratom and requiring the use of it to be age appropriate. Mr. Tony Hunt made a second. The motion carried.

#### VIII. BoardEffect Presentation

Chief Information Officer, Mr. Mike Lewis delivered a presentation on BoardEffect, the secure, HIPAA protected board management software Trillium utilizes to streamline board materials, communicate with each other and manage board governance supporting tasks. The BoardEffect portal assists with the creation of the meeting book, as well as house important documents such as the Governing Board Bylaws.

#### IX. CEO's Report

Ms. Joy Futrell provided updates on Trillium operations.

#### Tailored Plan Activities

Ms. Futrell provided updates on some of the key areas since the Tailored Plan launch on July 1, 2024, stating that Non-Emergency Medical Transportation (NEMT) continues to be a top concern for members.

The Mental Health Parity and Addiction Equity Act is a federal law that requires health insurers and group health plans to generally provide mental health and substance use services with no more stringent benefit limitations than those for medical and surgical benefits. Effective April 1, 2025, a subset of Trillium's Mental Health and Addiction services will be opened for providers.

Other Activities

Ms. Futrell reviewed data of the NC Healthy Opportunities Pilot (HOP) that launched in fifteen of Trillium's Counties on May 15<sup>th</sup>. Food boxes and housing navigation continue to be the most requested services. Recently the success of the HOP services was featured in the Journal of the American Medical Association.

### Trillium Community Updates and Resources

Ms. Futrell shared that Trillium's website contains weekly updates on community outreach and engagements. Trillium's My Learning Campus is also on the website and is a free resource for everyone in the Trillium community.

### Personnel Changes/Other

The Training Department has implemented a Corporate Citizenship program which provides opportunities for employees to volunteer in our communities. These opportunities are also available for board members.

Ms. Cindy Ehlers rescinded her retirement notice and is now serving as our Chief of Strategy and Innovations. Ms. Christie Edwards has been named Trillium's Chief Operating Officer.

Ms. Futrell shared that the LME/MCOs CEOs continue to meet with legislators to discuss possibilities if federal funding and Medicaid expansion cuts were to happen, and the local impact it would have. Conversations continue with legislators regarding expanding the TBI waiver across the state.

Ms. Futrell stated that the LME/MCOs are still under the Office of State Personnel and are requesting to be removed as DHB and other State departments have. The LME/MCOs have evolved over the last two decades and do not have a lot of similar positions with the Office of State Personnel anymore. This change would not impact Trillium participating in the State retirement system.

Ms. Futrell discussed the issue that arose during public comment stating the provider that was offering services at the Onslow County Dix Crisis Center decided to leave, but Trillium immediately identified another provider to run the facility. Easter Seals UCP will be the new provider after repairs and licensure obstacles are overcome. They anticipate opening by the end of March.

A detailed report was included in the meeting materials.

# X. Chair's Report

Mr. Denauvo Robinson thanked the board members for their commitment and willingness to serve. He also thanked staff for the work that they perform daily.

Mr. Robinson and Ms. Priscilla Little-Reid met and proposed the following subcommittee slate:

<u>Human Rights Committee:</u> Leann Henkel, Chair, Wilson Raynor, Marie Britt, Randy Abbott, Bo Dean, Sheron Mosby, and English Albertson.

The Human Rights Committee will meet quarterly with Olive Cyrus, Trillium's Member Incident Director of the Quality Management Department.

Nominating Committee: Leann Henkel, Laticia Hill-Godette, Walter Ferguson, Wally Overman, and Priscilla Little-Reid.

The Nominating Committee choose their own Chair, and they will meet only when it is necessary to offer a slate of officers. The staff liaison will be determined at a later date.

# Regulatory Compliance Committee:

Laticia Hill-Godette, Chair, Janice Nichols, Lorrine Washington, Flor Herrera-Picasso, Michelle Osborne, Holly Connor, and Tony Hunt.

Trillium's General Council, Ms. Senitria Goodman will contact Ms. Hill-Godette to discuss the Regulatory Compliance Committee meeting cadence.

Governing Board Clerk, Ms. Lisa A. Jarman reviewed the Travel Reimbursement Expense Form stating that like staff, board members are reimbursed from home to the meeting destination and meal stipends are offered for overnight stays.

# XI. Convene Finance Committee Meeting

Mr. Denauvo Robinson entertained a motion to recess the Governing Board meeting and to convene the Finance Committee meeting.

Mrs. Lorrine Washington made a motion to recess the Governing Board meeting and to convene the Finance Committee meeting. Ms. Sheron Mosby made a second. The motion carried.

The Finance Committee adjourned, and Mr. Denauvo Robinson entertained a motion for the Governing Board to come out of recess.

Ms. Holly Connor made a motion for the Governing Board to come out of recess. Mrs. Lorrine Washington made a second. The motion carried.

### XII. Closed Session to Consult with Trillium's Attorney

Mr. Denauvo Robinson entertained a motion to enter into closed session, pursuant to N.C.G.S. 143-318.11 (a)(3) and North Carolina General Statute 143-318.11(a)(1) per North Carolina General Statute 131E-97.3.

Motion was made by Mrs. Washington to enter into closed session. Ms. Priscilla Little-Reid made a second. The motion carried.

Upon returning to open session, no action was taken.

### XIII. Adjournment

Mr. Denauvo Robinson asked for any further business to be brought before the board. As there was none, he asked for a motion to adjourn.

Motion was made by Mrs. Lorrine Washington to adjourn the March 13, 2025, Governing Board meeting. Ms. Priscilla Little-Reid made a second. The motion carried.

The meeting adjourned at 6:50pm

Minutes prepared by Lisa A. Jarman

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Eisa'A. Jarman, Minutes Recorder

9-24-05

Denauvo Robinson, Governing Board Chairperson

Date