

Date August 4, 2023

| | | | | | |
|---|--|--|-------------------------------------|---|-------------------------------------|
| Meeting Called By | Dr. Michael Smith, Chief Medical Officer | | | | |
| Type of Meeting | Web-Ex Meeting 1:00pm – 3:00pm | | | | |
| EXTERNAL ATTENDEES - VOTING MEMBERS/NON-VOTING MEMBERS | | | | | |
| | Present | NAME | Present | NAME | Present |
| Hillary Faulk-Vaughn, Chair PAMH Clinical Director Voting Member | <input checked="" type="checkbox"/> | Dr. Robby Adams, Vice-Chair Medical Director, Various Voting Member | <input checked="" type="checkbox"/> | Dr. Diana Antonacci Psychiatrist - Retired Non-Voting Member | <input checked="" type="checkbox"/> |
| Dr. Terri Duncan Director of Bladen County DHHS Voting Member | <input type="checkbox"/> | Gary Bass Pride in NC, CEO Voting Member | <input checked="" type="checkbox"/> | Glenn Buck PORT Health, CCO Voting Member | <input type="checkbox"/> |
| Natasha Holley Integrated Family Services Clinical Director Voting Member | <input type="checkbox"/> | Dr. Griffin Sutton Tidal Neuropsychology Director Voting Member | <input type="checkbox"/> | Sharlena Thomas RHA Behavioral Health Services State Clinical Director Voting Member | <input type="checkbox"/> |
| Ryan Estes Coastal Horizons COO Voting Member | <input type="checkbox"/> | Dr. Ritesh Patel PORT Health - Independent Contractor Voting Member | <input type="checkbox"/> | Dr. Ian Bryan ENC Pediatrics Owner/Director Voting Member | <input checked="" type="checkbox"/> |
| Dr. Michael Lang Chair of Psychiatry at ECU Health Brody School of Medicine Voting Member | <input checked="" type="checkbox"/> | Dr. Hany Kaoud Pride of NC Non-Voting Member | <input checked="" type="checkbox"/> | | <input type="checkbox"/> |
| INTERNAL TRILLIUM ATTENDEES, PRESENTERS, GUESTS - NON-VOTING MEMBERS | | | | | |
| NAME | Present | NAME | Present | NAME | Present |
| Dr. Michael Smith Chief Medical Officer Trillium - Non-voting Member | <input checked="" type="checkbox"/> | Dr. Author Flores Deputy Chief Medical Officer Trillium - Non-voting Member | <input checked="" type="checkbox"/> | Dr. Kimberly Greer Staff Psychologist Trillium - Non-voting Member | <input checked="" type="checkbox"/> |
| Dr. Paul Garcia Staff Physician (Alternate for Dr. Smith) Trillium - Non-voting Member | <input checked="" type="checkbox"/> | Kristine Brewington VP Network Management Trillium – Non-voting Member | <input type="checkbox"/> | Julie Kokocha Director of Network Accountability (Alternate for Kristine) Trillium – Non-voting Member | <input checked="" type="checkbox"/> |
| Jason Swartz Pharmacy Director Trillium – Non-voting Member | <input checked="" type="checkbox"/> | LaDonna Battle Care Mgmt. Population Health Officer Trillium – Non-voting Member | <input checked="" type="checkbox"/> | Amanda Morgan QM Coordinator Trillium – Non-voting Member | <input checked="" type="checkbox"/> |
| Benita Hathaway VP Population Health & Care Mgmt. Trillium – Non-voting Member | <input checked="" type="checkbox"/> | Trudy Paramore Admin Asst – Medical Affairs Trillium – Non-voting Member | <input checked="" type="checkbox"/> | Cham Trowell UM & Transition of Care Coordinator Trillium – Non-voting Member | <input checked="" type="checkbox"/> |

| | | | | | |
|--|-------------------------------------|--|--|--|--|
| Fonda Gonzales Director of Quality Management Trillium – Presenter – Non-voting | <input checked="" type="checkbox"/> | | | | |
|--|-------------------------------------|--|--|--|--|

AGENDA

1. Agenda topic: Welcome and Call to Order

Presenter(s): **Dr. Michael Smith**

| | | |
|--|--|-----------------|
| Discussion | <ul style="list-style-type: none"> • Dr. Smith called the Clinical Advisory Committee (CAC) Meeting to order. • A quorum was present for today's meeting. • Hillary had a work crisis situation and Dr. Smith lead today's meeting. | |
| Conclusions | <ul style="list-style-type: none"> • There were no questions or concerns identified for follow-up or items recommended for corrective action. | |
| Action Items | Person(s) Responsible | Deadline |
| <ul style="list-style-type: none"> • There were no items identified for follow-up | | |

2. Agenda topic: Agenda Review and Approval

Presenter(s): **Dr. Michael Smith for Hillary Faulk-Vaughn**

| | | |
|--|---|-----------------|
| Discussion | <ul style="list-style-type: none"> • There were no additions/deletions to the agenda. • Dr. Greer and Dr. Garcia will present the Annual Review of Clinical Practice Guidelines (CPGs) after the Follow-up Items #3 on the agenda. Dr. Greer has another meeting to attend. | |
| Conclusions | <ul style="list-style-type: none"> • The agenda for August 4, 2023, was approved as written with a motion by Gary and a second by Dr. Adams with all members in favor of the motion. • There were no questions or concerns identified for follow-up or items recommended for corrective action. | |
| Action Items | Person(s) Responsible | Deadline |
| <ul style="list-style-type: none"> • There were no items identified for follow-up | | |

3. Agenda topic: Follow-up Items

Presenter(s): **Dr. Michael Smith for Hillary Faulk-Vaughn**

| | |
|-------------------|--|
| Discussion | <ul style="list-style-type: none"> • Susan – Post Apr 21, 2023 minutes to SP & forward to Communications to post on Trillium's website. Completed. • Sharlena – Email discussion topics to Dr. Smith/Dr. Garcia for June meeting. Closed. • Dr. Smith – F/u on why Respite staff are not paid for sleep time. Open. • Amanda – Share PIP presentation upon completion of development. TBD. • Dr. Smith & LaDonna Battle – Discuss recommendation to share ADT feeds with other providers. Completed. This is in the process of discussion with a potential vendor. • Dr. Smith – F/u on Trillium sharing ADT list of uninsured state-funded beneficiaries who may be Medicaid eligible (with Medicaid Expansion) to assist those members with Medicaid enrollment. Open. • Dr. Smith – Update the CAC Bylaws with recommended changes and email for official vote. Completed. This is on today's agenda for discussion and vote. • Holly – Review Physical Health CTP code #96127 and follow-up on possibly mirroring a CTP code on the Behavioral Health side. Open. • Email Gary HEDIS Survey questions. Completed. • Dr. Patel – Schedule time with Jason to discuss CPESN's data tracking. Open • Dr. Smith – F/u on service available for undocumented individuals through Medicaid Direct. Open. |
|-------------------|--|

| | <ul style="list-style-type: none"> Public Comment – 8A-9 Opioid Treatment Program Services – Emailed to CAC 6/27/23. Public Comment – Home and Community Based Services (HCBS) Waiver Draft – Emailed to CAC 7/6/23. Public Comment – State-Funded Community Living & Support (I/DD & TBI) – Emailed to CAC 7/6/23. Public Comment – 1915 NC Innovations Waiver – Emailed to CAC 7/6/23. | | | | | | | | | | | | | | |
|-----------------------|--|-----------------------|----------|-----------|----------|--------|-----|-----------|----------|-------|----------|-----------|----------|-----------|----------|
| Conclusions | <ul style="list-style-type: none"> All open follow-up items will be carried forward to the next meeting until completion. There were no questions or concerns identified for follow-up or items recommended for corrective action. | | | | | | | | | | | | | | |
| Action Items | <table border="1"> <thead> <tr> <th>Person(s) Responsible</th> <th>Deadline</th> </tr> </thead> <tbody> <tr> <td>Dr. Smith</td> <td>Oct Mtg.</td> </tr> <tr> <td>Amanda</td> <td>TBD</td> </tr> <tr> <td>Dr. Smith</td> <td>Oct Mtg.</td> </tr> <tr> <td>Holly</td> <td>Oct Mtg.</td> </tr> <tr> <td>Dr. Patel</td> <td>Oct Mtg.</td> </tr> <tr> <td>Dr. Smith</td> <td>Oct Mtg.</td> </tr> </tbody> </table> | Person(s) Responsible | Deadline | Dr. Smith | Oct Mtg. | Amanda | TBD | Dr. Smith | Oct Mtg. | Holly | Oct Mtg. | Dr. Patel | Oct Mtg. | Dr. Smith | Oct Mtg. |
| Person(s) Responsible | Deadline | | | | | | | | | | | | | | |
| Dr. Smith | Oct Mtg. | | | | | | | | | | | | | | |
| Amanda | TBD | | | | | | | | | | | | | | |
| Dr. Smith | Oct Mtg. | | | | | | | | | | | | | | |
| Holly | Oct Mtg. | | | | | | | | | | | | | | |
| Dr. Patel | Oct Mtg. | | | | | | | | | | | | | | |
| Dr. Smith | Oct Mtg. | | | | | | | | | | | | | | |

4. Agenda topic: Meeting Minutes Review and Approval

Presenter(s): **Dr. Michael Smith for Hillary Faulk-Vaughn**

| Discussion | <ul style="list-style-type: none"> June 2, 2023 minutes were presented for review and approval. | | | | |
|-----------------------|---|-----------------------|----------|-------|------|
| Conclusions | <ul style="list-style-type: none"> The June 2, 2023 minutes were approved as written with a motion by Dr. Adams and a second by Dr. Bryan with all members in favor of the motion. There were no questions or concerns identified for follow-up or items recommended for corrective action. | | | | |
| Action Items | <table border="1"> <thead> <tr> <th>Person(s) Responsible</th> <th>Deadline</th> </tr> </thead> <tbody> <tr> <td>Susan</td> <td>ASAP</td> </tr> </tbody> </table> | Person(s) Responsible | Deadline | Susan | ASAP |
| Person(s) Responsible | Deadline | | | | |
| Susan | ASAP | | | | |

5. Agenda topic: QIA Review – Information and Discussion

Presenter(s): **Amanda Morgan**

| | |
|--------------------|---|
| Discussion | <ul style="list-style-type: none"> TCL QIA <ol style="list-style-type: none"> Measurement #53 (June 2023) is new and was presented to QIC. Threshold of 98% (or higher) was not met for June 2023. Mental Health 1-7 Day Follow-up QIA <ol style="list-style-type: none"> Validated State data was received for Measurement #19 (Oct-Dec 2022); DHB met the project goal, and DMH did not meet the project goal of 45%. Substance Use 1-7 Day Follow-up QIA <ol style="list-style-type: none"> Validated State Data was received for Measurement #19 (Oct-Dec 2022); DHB and DMH did not meet the project goal of 45%. Discussions of Interventions for QIAs There were no current or new interventions recommended or discussed. |
| Conclusions | <ul style="list-style-type: none"> Both the Mental Health & Substance Use 1-7 Day Follow-up QIAs will transition to PIPs with implementation of Tailored Plan (TP). There will be a new TCL PIP established (unrelated to the current TCL QIA) with implementation of TP. |

| | <ul style="list-style-type: none"> There were no questions or concerns identified for follow-up or items recommended for corrective action. | |
|--|--|----------|
| Action Items | Person(s) Responsible | Deadline |
| <ul style="list-style-type: none"> There were no items identified for follow-up | | |

6. Agenda topic: Trillium Updates and Information

Presenter(s): Dr. Michael Smith

| | |
|------------|--|
| Discussion | <ul style="list-style-type: none"> TP Update <p>The TP go-live date has been delayed from Oct 1, 2023 indefinitely. This was due to the state's recommendation due to Medicaid Expansion and the lack of an approved budget passed by the General Assembly. We are hopeful that TP go-live will be between Jan 2024 and July 1, 2024. The budget is still being negotiated at the General Assembly level. Lobbyists feel that it will probably be the middle to ladder part of August before there is a budget presented to the Governor for his signature. The department has shared they will be working on Medicaid Expansion beginning October 1, 2023. Trillium and three other LME/MCOs responded to a request from the legislature to give input on a plan to move from six LME/MCOs to four LME/MCOs. We presented not one, but two plans for consideration. There is a strong possibility that we will move from six LME/MCOs to four LME/MCOs in the future. Gary shared that he had no doubt that Trillium would be one of the remaining four LME/MCOs because he thinks Trillium does such a great job. Gary stated that he understands that all the counties of Eastpoint and Sandhills would be absorbed into the yet to be determined remaining LME/MCOs and asked if Trillium already knew which counties would transition to them. Dr. Smith responded that our understanding is that the General Assembly's plan is to move from six LME/MCOs to four. In the two proposals Eastpoint and Sandhills counties will be divided with the remaining four MCOs, but we have no idea at this point which recommendation they will implement or if they will go with another plan. There has been no discussion of any counties being moved from Trillium in the alignment, but rather additional counties being added. Gary shared he heard that at least one of the LME/MCOs being redistributed was not leaving without a fight. This typically involves legal action and could potentially result in a huge delay. He fears this will not look good from the outside looking in and we may not have any LME/MCOs as an end result. Dr. Smith stated that there are assurances from Raleigh that they are not looking at disbanding the remaining four LME/MCOs as they have spent a lot of time, effort, and money on developing this system and want to make sure it is implemented. Gary said he heard that LME/MCOs will not have any choice in accepting providers into the network from the other two LME/MCOs and this could be a problem if these are providers not in good standing with Trillium, but with Eastpointe they are.</p> Staffing Updates <p>We've had meetings with the state regarding the Transitions to Community Living (TCL) Settlement. In some areas Trillium is doing well with transitioning members with Severe Chronic Mental Illness from Adult Care Homes into the community, but there are issues there as well. Trillium is the best in the state with housing retention. The state wants to get out of the TCL Settlement and so they are looking at incentive programs to help Trillium with staffing and move us further along in that process. North Carolina as compared to other states is doing well with housing retention. Trillium also had some of the lowest rates in the state for kids stuck in the emergency department and DSS offices.</p> |
|------------|--|

| | | |
|--|--|-----------------|
| Conclusions | <ul style="list-style-type: none"> There were no questions or concerns identified for follow-up or items recommended for corrective action. | |
| Action Items | Person(s) Responsible | Deadline |
| <ul style="list-style-type: none"> There were no items identified for follow-up | | |

7. Agenda topic: CAC Business

Presenter(s): Dr. Garcia, Dr. Greer, Fonda Gonzales

| | | |
|--|--|-----------------|
| Discussion | <ul style="list-style-type: none"> Annual Review of Clinical Practice Guidelines (CPGs) – Dr. Garcia/Dr. Greer Dr. Garcia shared the Clinical Practice Guidelines 2022 Annual Report and reviewed it in detail. As required by NCQA Accreditation Trillium must adopt evidence-based CPGs for at least three behavioral health conditions (with at least one guideline addressing children and adolescents) and annually measure performance against at least two important aspects of each of the three CPGs. The initial measurement was pulled from 2019 and focused on three measures; 1) Schizophrenia (adherence & diabetic screenings), 2) ADHD and 3) Opioid Use Disorder. These are also in line with Trillium HEDIS Measures. Even with the pandemic we have made improvement in the measure for Schizophrenia, but diabetics screenings were miniscule. The state numbers for the ADHD HEDIS measure for Trillium were promising. Our internal numbers were not congruent with the state and alluded to data issues with our vendor. Opioid Use Disorder data shows slight improvement over last year's measurement. This is not nearly close to the national standard, but we are slowly moving toward that goal. Dr. Adams stated that he strongly encourages providers to clearly document labs ordered and to be very explicit. Dr. Garcia responded that this process is immensely helpful in tracking data. Dr. Greer shared seeing some of the lab results and labs ordered in the Health-Connex System. Dr. Garcia inquired if any prescribers in the meeting had to submit their renewed DEA license? This is a requirement when you renew as of June 27, 2023. Annual Review of Quality Management & Improvement Program – Fonda Fonda shared a detailed PowerPoint presentation on the Quality Management Improvement Program. She reviewed the concepts of what North Carolina envisions for quality healthcare and continuous improvement. The state's plan is to find a way to reward Standard Plans (SP), TPs and providers for advancing our quality goals and health outcomes for members. Trillium's strategy is to identify targets for improvement and respond quickly to gaps and discover and address disparities in quality metrics. Effectiveness will be assessed through EQRO, HEDIS measures, survey results, complaints and appeals, out of network requests, etc. There are Performance Improvement Projects (PIPs) that are currently being developed and mandated by the department. The PIPs require us to partner with the network and community for improvement on rates and member outcomes. | |
| Conclusions | <ul style="list-style-type: none"> Anyone interested in a copy of the QMIP can reach out to Fonda.gonzales@Trilliumnc.org. There is also a summary of the QMIP on Trillium's website. There were no questions or concerns identified for follow-up or items recommended for corrective action. | |
| Action Items | Person(s) Responsible | Deadline |
| <ul style="list-style-type: none"> There were no items identified for follow-up | | |

8. Agenda topic: Performance Improvement Projects Update

Presenter(s): Jason Swartz

| | | |
|--|--|-----------------|
| Discussion | <ul style="list-style-type: none"> Jason shared the PIP titled APP which is a psychosocial care HEDIS requirement for children who are prescribed antipsychotic meds. The idea is that the children receive psychosocial care at the time of or just before being prescribed antipsychotics. In July, we met with Health Services Advisory Group (HSAG) at the state to submit our findings and proposal to initiate this PIP. The meeting with HSAG went very well and they were receptive to the idea that the state does not give us the data needed to implement this PIP effectively. We shared our idea of using our Care Managers who see children with antipsychotics and try to reach out to those providers to educate them on psychosocial care and the HEDIS measure. We are hoping this will greatly improve our HEDIS measure. This is a start to addressing this PIP. Ideally, if we had all the data and knew who the providers were we could target them directly. | |
| Conclusions | <ul style="list-style-type: none"> Amanda shared that the PIPs were approved by the state, but we are waiting on confirmation regarding some additional information that was given after submission. There were no questions or concerns identified for follow-up or items recommended for corrective action. | |
| Action Items | Person(s) Responsible | Deadline |
| <ul style="list-style-type: none"> There were no items identified for follow-up | | |

9. Agenda topic: Annual Approval of Bylaws

Presenter(s): Dr. Michael Smith

| | | |
|--|---|-----------------|
| Discussion | <ul style="list-style-type: none"> The bylaws were presented for review and approval. | |
| Conclusions | <ul style="list-style-type: none"> The Clinical Advisory Committee Bylaws were approved with one correction to Dr. Greer's new title with a motion by Dr. Bryan and a second by Dr. Adams with all members in favor of the motion. There were no questions or concerns identified for follow-up or items recommended for corrective action. | |
| Action Items | Person(s) Responsible | Deadline |
| <ul style="list-style-type: none"> Make correction to Dr. Greer's title Post bylaws on website | Dr. Smith Susan | ASAP ASAP |

Next Meeting Date: October 6, 2023

(All meetings convene from 1pm – 2:30pm)

Supporting Document/Attachment for Minutes:

Agenda Aug 2023

Meeting Minutes – Jun 2023

QIA Grid - July 2023

QMIP

CAC Bylaws

Submitted by Susan Massey