

Clinical Advisory Committee Meeting Minutes

Date February 9, 2024

Meeting Called By	Dr. Michael Smith, Chief Medical Officer				
Type of Meeting		x Meeting n – 2:30pm			
EXTERNAL ATTENDE	-	-	/NON	-VOTING MEMI	BERS
	Present		Present		Present
Hillary Faulk-Vaughn, Chair PAMH Clinical Director Voting Member		Dr. Robby Adams, MD Vice-Chair Medical Director, Various Voting Member		Dr. Diana Antonacci Psychiatrist - Retired Non-Voting Member	
Dr. Terri Duncan, PhD Director of Bladen County DHHS Voting Member		Gary Bass Pride in NC, CEO Voting Member		Glenn Buck PORT Health, CCO Voting Member	
Natasha Holley Integrated Family Services Clinical Director Voting Member		Dr. Griffin Sutton, PhD Tidal Neuropsychology Director Voting Member		Sharlena Thomas RHA Behavioral Health Services State Clinical Director Voting Member	
Ryan Estes Coastal Horizons COO Voting Member		Dr. Ritesh Patel, PharmD PORT Health - Independent Contractor Voting Member		Dr. Ian Bryan, MD ENC Pediatrics Owner/Director Voting Member	
Dr. Michael Lang, PhD Chair of Psychiatry at ECU Health Brody School of Medicine Voting Member		Dr. Hany Kaoud, MD PORT Health Medical Director Voting Member	\boxtimes	Dr. Carol Gibbs Therapeutic Alternatives (Psychiatrist) Voting Member	
Dr. Johnnie Hamilton Clinical Director Dixon Social Interactive Services, Inc. Voting Member		Michael Martin ABC Pediatrics Voting Member		Dr. Robert McHale Medical Director for Monarch Voting Member	
Laura McRae TFC Senior Director Pinnacle Family Services Voting Member		Dr. Beth Pekarek Medical Director for Daymark (Eastern) Voting Member		Erin Warlick Clinical Director Advantage Behavioral Healthcare, Inc. Voting Member	
Deontra Winston Clinical Director Southwestern Integrated Care Voting Member		Katie Wright Program Director Carolina Outreach, LLC Voting Member		Amy Moore Dixon Social Interactive Services, Inc. (Alternate for Dr. Hamilton) Voting Member	
INTERNAL TRILLIUM		TENDEES, PRESE VOTING MEMBER	NTEI S	RS, GUESTS -	NON-
NAME	Present		Present	NAME	Present



Dr. Michael Smith Chief Medical Officer Trillium - Non-voting Member	Dr. Arthur Flores Deputy Chief Medical Officer Trillium - Non-voting Member	\boxtimes	Dr. Kimberly Greer Staff Psychologist Trillium - Non-voting Member	
Dr. Paul Garcia Staff Physician (Alternate for Dr. Smith) Trillium - Non-voting Member	Khristine Brewington VP Network Management Trillium – Non-voting Member		Julie Kokocha Director of Network Accountability (Alternate for Khristine) Trillium – Non-voting Member	
Jason Swartz Pharmacy Director Trillium – Non-voting Member	LaDonna Battle Executive Vice President of Care Mgmt. & Population Health Trillium – Non-voting Member		Amanda Morgan QM Coordinator Trillium – Non-voting Member	
Benita Hathaway VP Population Health & Care Mgmt. Trillium – Non-voting Member	Trudy Paramore Admin Asst – Medical Affairs Trillium – Non-voting Member		Cham Trowell UM & Transition of Care Coordinator Trillium – Non-voting Member	
Dr. Anthony G. Carraway Medical Director Trillium – Non-voting Member	Dr. Isa Cheren Medical Director Trillium – Non-voting Member	\boxtimes	Dr. Taylor Goodnough Medical Director Trillium – Non-voting Member	\boxtimes
Dr. Venkatalakshmi Doniparthi Medical Director Trillium – Non-voting Member				

AGENDA

1. Agenda topic: Welcome and Call to Order Presenter(s): Dr. Michael Smith

rresenter(s):	Presenter(s): Dr. Michael Smith					
Discussion		 Dr. Smith called the Clinical Advisory Committee (CAC) Meeting to order. Hillary welcomed all new members from Legacy Eastpointe and Sandhills. 				
		Each member introduced themselves sharing their title and affiliation.				
		Dr. Smith thanked everyone for coming together. Consolidations of this				
		magnitude normally take a year and the state gave us 45 days. Staff were				
	consolidated on February 1, 2024 and we're	nine days in and mov	ving right			
	along.					
	• The CAC typically meets on the first Friday					
	are always well prepared in getting the invit					
		meetings, but this month due to consolidation we had to make adjustments at				
	the last minute. Dr. Smith appreciated everyone that attended the meeting.					
	Trillium's legacy CAC is used as our provider/practitioner participation group					
	for NCQA so there are a lot issues we have to bring before the CAC to gain					
	provider/practitioner input. We have been pursuing our interim NCQA Health					
	Plan Accreditation and were informed on Tuesday that we passed.					
Conclusions	• There were no questions or concerns identified for follow-up or items					
	recommended for corrective action.					
Action Items Person(s) De			Deadline			
		Responsible				
• There were	• There were no items identified for follow-up					

2. Agenda topic: Agenda Review and Approval Presenter(s): Dr. Michael Smith

	Dr. Michael Smith				
Discussion	• Dr. Smith stated the agenda that was included in the documents for this				
	meeting is this committee's typical agenda. Follow-up items are addressed and				
	public comments shared with the group are included. Quality Improvement				
	Activities (QIAs) are reviewed, Trillium updates are shared, CAC business				
	items are discussed to include Clinical Practice Guidelines (CPGs) and				
	additional topics are included as needed. Currently there are four NCQA				
	standards that this committee assists in meeting. As we pursue further				
	accreditation we plan to apply for our LTSS distinction and seriously				
	considering a Health Equity Accreditation. This is a large committee and other				
	members may be joining us. Trillium recognizes that members volunteer and				
	we try to be very respectful of everyone's time. We are fine with keeping the				
	committee the size it is. If anyone feels that they've served for a while and				
	would like to take a break we understand, but we are not trying to send anyone				
	away. We value all the input we can get. We have subcommittees of the CAC,				
	Drug Utilization Review/Pharmacy & Therapeutics subcommittee. The CAC				
	functions as a subcommittee to our Quality Improvement Committee (QIC). If				
	there are areas in this committee where members feel we need representation				
	or are not adequately represented please bring suggestions for delegates				
	forward for consideration on this committee. We need additional				
	representatives for physical health as we move into Taylor Plan (TP) go live.				
	Dr. Smith asked if there was anyone else on the committee besides Dr. Bryan				
	and Michael Martin (not in attendance today) representing pediatrics/physical				
	health? There were no other representatives for pediatrics/physical health.				
	Ryan shared that Coastal Horizons has integrated physical health and he can				
	look into recruiting one of the physical health providers if needed.				
	 Sharlena with HRA added Discussion of Potential Utilization of the ASAM 				
	Fourth Edition for Adults to the agenda (open agenda item). The agenda was				
	presented as a sample agenda for the meeting and several items were not				
	reviewed/skipped.				
	 A quorum was present for today's meeting. 				
Conclusions	 The agenda for February 9, 2024, was presented as a sample and did not 				
	require approval.				
	 There were no questions or concerns identified for follow-up or items 				
	recommended for corrective action.				
Action Items	Person(s) Responsible Deadline				
	e no items identified for follow-up				

3. Agenda topic: Follow-up Items

Presenter (s):	Dr. Michael Smith
Discussion	• Amanda – Share PIP presentation upon completion of development. Open and
	scheduled for review at April meeting.
	• Dr. Smith – F/u on Trillium sharing ADT list of uninsured state-funded
	beneficiaries who may be Medicaid eligible (with Medicaid Expansion) to
	assist those members with Medicaid enrollment. TBD.
	• Holly – Review Physical Health CTP Code #96127 and follow-up on possibly
	mirroring a CTP Code on the Behavioral Health Side. Open. Holly shared this
	CTP Code is active in NC Tracks. She confirmed that this code is not currently

Conclusions	 in Trillium's Benefit Plan. Discussion internadditional information will be provided at t Dr. Patel – Schedule time with Jason to discand scheduled for review at April meeting, with Jason to discuss this next week. Dr. Pregarding covering immunizations and inque Flu and COVID vaccines were available for discussed further with Jason when they meet Susan – Post August 4, 2023 minutes to Sha Communications to post on Trillium's webst Susan – Post Bylaws to SP/Trillium website Dr. Smith & Hillary – Make additional revit April meeting for discussion and vote. Sche Public Comment – 8A-12 SAIOP -Emailed Public Comment – 8A-13 SACOT – Emailed News Release – Consolidation Announcem Discussion Gary shared an update on the consolidation President of the Provider Council, he reache Eastpointe President for their Provider Council and week. We will be discussing how we can council the structure. He does not foresee removing shared he was glad to see the CAC consolidation and the was glad to see the CAC consolidation the structure. He doesn't happen ov addresses, delegating access to system plaff currently where we are at now placing these process is expected to take a couple of monito complete the ECBH consolidation. Dr. S with everyone pulling together putting merrismooth of a transition as possible. The first and this is a big marker as well as the secon second phase, we are also working towards they are not moving from the July 1st go live external committees are consolidating as we Board has already met twice virtually and a for later this month. All open follow-up items will be carried for completion. 	he April meeting. cuss CPESN's data track Dr. Patel will schedule a atel shared receiving que- ired if there were any res- r Trillium members. This et. arePoint and forward to site. Completed. e – Completed. sions to by-laws and pre- eduled for April meeting. to CAC 1/5/24. ent - Emailed to CAC 12 of the Provider Council. ed out to English Alberts ncil and also Jerry Earnh have a meeting schedule onsolidate bylaws and de any of the current membre lation and will use it as a pat consolidation is not a very slowly. This is being ding around 900 staff internight (equipment, phono- forms, etc.). The second particular e staff in department pos- ths to complete, it took a mith stated he is very im- abers first and making the check write for provider d check write. In addition TP go live. The state is a e date. Other Trillium Im- ell. Our consolidated Go- re planning a face-to-fac ward to the next meeting	ing. Open meeting stions sources for will be sent at 2/18/23. As the on, art, ed for next etermining bers. Gary road map small get o the nes, email bhase is itions. This bout a year pressed is as s went well on to the adamant ternal and verning e meeting g until
Action Items		Person(s) Responsible	Deadline
Share PIP presentation upon completion of development		Amanda	Apr Mtg.
 Share I'll presentation upon completion of development F/u on Trillium sharing ADT list of uninsured state-funded beneficiaries who may be Medicaid eligible (with Medicaid Expansion) to assist those members with Medicaid enrollment Annanda Aprix TBD 			

•	Schedule time with Jason to discuss CPESN's data tracking Present additional information on CTP code #96127 discussion and determination	Dr. Patel	Apr Mtg.
•	Make additional revisions to by-laws to present for discussion and official vote	Holly	Apr Mtg.
		Dr. Smith/Hillary	Apr Mtg.

4. Agenda topic: Meeting Minutes Review and Approval Presenter(s): Dr. Michael Smith, Hillary Faulk-Vaughn

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Discussion	• The October 6, 2023 minutes were presented for review and approval.			
Conclusions	• The October 6, 2023 minutes were approved as written with a motion by Dr.			
	Bryan and a second by Robby with all members in favor of the motion.			
	• There were no questions or concerns identified for follow-up or items			
	recommended for corrective action.			
Action	Action Items Person(s) Deadline			
	Responsible			
Post October 6, 2023 minutes to Trillium's SP site & Susan		Susan	ASAP	
forward to	forward to Communications to post to Trillium's Website			

5. Agenda topic: Quality Improvement Projects (QIA) Review – Information and Discussion Presenter(s): Amanda Morgan

Discussion	• The Quality Improvement Projects (QIAs) were not reviewed at today's meeting. This presentation is a standing agenda item and will resume at the April meeting.		
Conclusions	• There were no questions or concerns identified for follow-up or items recommended for corrective action.		
Action Items Person(s) Deadline Responsible			Deadline
There were no items identified for follow-up			

6. Agenda topic: Trillium Updates and Information Presenter(s): Dr. Michael Smith

Presenter(s): Dr. Michael Smith			
Discussion	• TP Update		
	This topic was covered in Section 3 Follow-up Items under discussion.		
	Staffing and Consolidation Updates		
	This topic was covered in Section 3 Follow	-up Items under discu	ssion.
Conclusions	• There were no questions or concerns identified for follow-up or items		
	recommended for corrective action.		
Action	Action Items Person(s) Deadline		
Responsible			
There were no items identified for follow-up			

7. Agenda topic: CAC Business

Presenter(s): Dr. Smith, Dr. Garcia

Adoption of Clinical Practice Guidelines (CPGs), Eastpointe and Sandhills
– refer to links below:
https://www.eastpointe.net/providers/authorization-um-and-benefits-packages-
2/#1559750305911-8f92082e-f4e9
https://www.sandhillscenter.org/clinical-practice-guidelines-evidence-based-
practices

Conclusions	 This committee develops CPGs and adopts CPGs that we recommend for our Network. Trillium and Legacy Sandhills and Legacy Eastpointe have also worked hard on their CPGs. Dr. Smith shared that he and Hillary have discussed this and recommend conducting a blanket adoption for all three MCOs CPGs, instead of going through them one by one, understanding there may be duplication and structuring needed. Hillary asked if anyone had concerns they would like to share about the CPGs or the blanket adoption. Gary stated Eastpointe and Sandhills have very competent clinical staff that have adopted their CPGs and we need to honor that. A subcommittee or workgroup could wean out any duplication in the future or during the required review cycle of each CPG. A blanket adoption for Trillium, Eastpointe and Sandhills CPGs was approved with a motion by Gary and seconded by Dr. Bryan with all members in favor of the motion. Please forward recommendations for evidenced based practices/CPG adoptions or updates to CPGs to Michael.Smith@trilliumnc.org, Paul.Garcia@trilliumnc.org or Susan.Massey@trilliumnc.org. 				
	There were no questions or concerns identified for follow-up or items				
	recommended for corrective action.				
Action	Items	Person(s) Responsible	Deadline		
• There were	no items identified for follow-up				

8. Agenda topic: Additional Revisions to the CAC Bylaws Presenter(s): Dr. Michael Smith

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Discussion	• Dr. Smith shared that one of the revisions we made to the bylaws was				
	removing term limits. With preparation for the consolidation and TP				
	implementation the team (Dr. Smith, Dr. Garcia, Hillary, and Dr. Adams) felt				
	it was better to continue the committee as is with members already familiar				
	with what is going on until we were over these hurdles. We consolidated this				
	committee, but everyone was not knew to the committee. We felt that it was				
	probably wise not to bring in new members amongst all this chaos/major				
	changes. Dr. Smith would like the group to review the bylaws at the April				
	meeting and consider whether or not we need to have term limits.				
Conclusions	• The CAC Bylaws will be added to April's agenda and included in the upload				
	of documents.				
	• There were no other questions or concerns identified for follow-up or items				
	recommended for corrective action.				
Action Items		Person(s)	Deadline		
		Responsible			
• Add bylaw term limit discussion to Apr agenda		Dr. Garcia	Apr Mtg.		

9. Agenda topic: Open Agenda Discussion Presenter(s): All Members

Discussion	Potential Utilization of the ASAM Fourth Edition for Adults – Sharlena		
	The ASAM Fourth Edition Volume 1 for Adults is available. The ASAM		
	Third Edition included adolescents and special populations whereas the ASAM Fourth Edition was published for adults and the adolescent volume and the special populations volume is not available yet. There is not a specific timeline		
	for these other volumes at this time. Thus, we have providers kind of in		

between editions (the fourth editions for adults & third edition for adolescents and special populations). Sharlena shared her agency (RHA) has embedded the ASAM in their EHRs so there is development to be done there because we're working with two ASAM editions. A question that has been consistent among providers across the nation with Hazelden and ASAM is on an implementation date. Effectively, we could start using it now, but the answer we keep receiving from ASAM and Hazelden who is doing the bulk of this training nationally is that it is really up to the payors (MCOs). Sharlena felt the CAC would be a good place to start with planning how we move forward with implementation. Staff have to be trained on both editions if they are working with dual populations. Most providers have the ASAM embedded in the CCA so development is required. At least three of the six dimensions of the ASAM have changed. The risk rating stays the same, but the level of care and the level of placement options have changed significantly. It's going to take some time and planning to actually implement this. Sharlena asked what Trillium's stance was on implementation of the ASAM Fourth Edition for Adults. This is being discussed with other MCOs as well and currently on Vaya's agenda for discussion. Sharlena's agency's IT Department is working on updating the EHRs, but we can't just push the button to start because again we are operating out of two different volumes and it gets messy. She inquired with the State what the timeline for implementation is for the MCOs. Dr. Smith stated he would have to review this as he's not sure where the State is on changing CCP. We can be more lenient, but can't be more restrictive than what the State is. Dr. Garcia stated the sometimes the verbiage used in CCPs will say for example, "DSM V or latest edition", but this has not been seen yet on the substance use side. Ryan asked if anyone has checked in with DD Severino to inquire where they are with this because if Trillium rolls this out and we update the forms, but Vaya and Alliance rolls is out 6 months later this would be the same scenario of working with two different sets of forms and timelines. It seems that the State would want to set the timing on this and not the individual payors. Sharlena responded that her fear is we're so used to retro-active communications and going back to that. She would hate this to happen because we will be using forms and EMRs that just cannot be redeveloped overnight. RHA is in the process of re-developing and once we get a go live date we can just flip the switch, but this item certainly deserves conversation and awareness because we know the MCOs do operate independently. Hillary asked if Sharlena had received any timelines from any other MCOs across the State. Sharlena responded that she had not, but she has approached the conversation with them to discuss this and get it on the next agenda. Sharlena shared that she also called the State to inquire what their plan was and has not received a response. Hillary stated this is definitely an item that needs to be on the agenda for the April meeting. Dr. Garcia concurred.

• IVC Process Changes – Dr. Garcia

The Judicial System started changing the IVC process to an electronic form and Dr. Garcia inquired if others were aware of this change. As we conduct crisis stabilization throughout our counties there are certain counties that are being rolled out in the new process. Hillary responded her agency has the electronic form from the State and it's a fillable PDF that they print off and take it with them to the Sheriff's Department or courthouse. We have the electronic form, but don't submit it electronically. Dr. Garcia will look for

 additional information on this. His understanding is that they are piloting this by county slowly and the only way to submit will be electronically. IVC Process Changes will be added to April's agenda for further discussion. Pharmacy Subcommittees – Dr. Smith We need additional Pharmacists for our Pharmacy Subcommittees. We were i the process of searching/recruiting for additional Pharmacists when consolidation occurred. Two candidates have agreed to serve, one with Novai in Wilmington and the other is a Pharmacist in Duplin County. Dr. Smith asked for additional nominations from the committee. An electronic vote will be conducted for the two candidates to have them onboard when the Pharmac Readiness Reviews start in April. We need to bring get them onboard before the next meeting in April. Dr. Patel will be recruiting for three additional pharmacists for the committees and three Physicians outside of Trillium are also needed. Recommendations can be emailed to <u>Michael.Smith@trilliumnc.org</u>, Jason.Swartz@trilliumnc.org. Dr. Smith prefers a Physician from the Legacy Sandhills region for geographical representation purposes. Dr. Pekarek and Dr. Gibbs volunteered for the subcommittees and are from the Legacy Sandhills catchment area. Authorizations – Dr. Adams Dr. Adams said it was his understanding that Trillium, Eastpointe and Sandhills won't be doing any authorizations through May with regard to hospitalization. He was curious to know hwits is going to work with covered days, lookback periods and billing. Dr. Smith responded that we realized that we would need a no prior-authorization period to prevent member harm and provider abrasion using the Trillium UM guidelines. There is still a possibility of a retro medical necessity review and we are holding to our 						
	guidelines and requesting that our provider community only do what is					
	medically necessary. Dr. Smith will check to see if the actual date for this is					
Conclusions	May. Dr. Garcia stated that we are trying to be flexible during the transition.					
• There were no questions or concerns identified for follow-up or items recommended for corrective action.						
Action Items		Person(s)	Deadline			
		Responsible				
Add ASAM discussion to Apr agenda		Dr. Garcia	Apr Mtg.			
 Add IVC Process Changes to Apr agenda 		Dr. Garcia	Apr Mtg.			
• Email candidate info for official vote (membership)		Susan	ASAP			
Follow-up on no authorization timeline		Dr. Smith	Apr Mtg.			

Next Meeting Date: April 5, 2024 (All meetings convene from 1pm – 2:30pm)

Supporting Document/Attachment for Minutes:

Agenda Feb 2024 Meeting Minutes – Oct 2023 Public Comment – 8A-12 SAIOP Public Comment – 8A-13 SACOT Consolidation Announcement – Dec 2023

Submitted by Susan Massey